



# PLANTAR FASCIITIS FOOT SLEEVE

## PF FOOT SLEEVE STANDOUT FEATURES

- Plantar Fasciitis
- Achilles Tendonitis
- Swollen feet
- Heel & arch pain
- Wear comfortably under socks
- Stays in place for continuous support

Included in the **Plantar Fasciitis Recovery Kit!**



**GENTLY LIFTS & STRETCHES PLANTAR FASCIA**

### COMPRESSION ZONES

- Zone #6**  
Light Compression  
Comfort band
- Zone #5**  
Firm Compression  
Achilles support
- Zone #4**  
Moderate Compression  
Shaped-to-fit
- Zone #3**  
Firm Compression  
Arch lift & support
- Zone #2**  
Moderate Compression  
Support & stabilize
- Zone #1**  
Light Compression  
Comfort band

COMPRESSION LEVELS	
LIGHT	10-15 mmHg
MODERATE	15-20 mmHg
FIRM	20-30 mmHg

### All OS1st® Compression Bracing...

- Reduces swelling
- Supports & stabilizes
- Uses Compression Zone Technology(R) with medical grade compression
- Stops smells with silver anti-microbial treatment
- Keeps you dry with moisture-wicking fibers
- Feels like a custom fit with anatomical shaped-to-fit designs
- Fits under clothing with a thin profile
- Stays in place while you move

### Purchase as part of our partner program and receive...

- Additional discounts
- Medical community outreach
- In-store marketing support

### PROOF OF CONCEPT

1. Surround tissue is formed and supported for stability
2. Fascia is clearly pulled up and stretched
3. Achilles is compressed and shaped into the ankle area for extra support
4. Compression increases the tissue/fat pads under the heel by 20%

Authentication: The attached images were captured on X-Ray 1m at DeMaine Chiropractic & Rehab Centers, 500 Pointsett Highway, Greenville, South Carolina. As the supervising physician and technician producing the X-ray images, I hereby certify the validity and integrity of these images captured in a controlled environment. These images are unaltered and in their original state from point of capture to computer screen. I am confident these images are representative of the natural condition of the human physiology depicted.

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~ Brandy Chapman, D.C.



Before the FS6



After the FS6

### Available styles & colors



Black White Natural



WHERE TO MEASURE	Size	Arch Circumference	Average Shoe Size			
			US: C12-M3	C12-W4	UK: 0-2	EU: 32-34
XS	4-6 in	10-15 cm	US: M3-5.5	W4-6.5	UK: 2-4.5	EU: 34-37
	5-8 in	13-20 cm	US: M6-9.5	W7-10.5	UK: 4.5-8.5	EU: 37.5-43
S	7-10 in	18-25 cm	US: M10-13	W11-Plus	UK: 9-12	EU: 43-47
	9-13 in	23-33 cm	US: M13.5-15		UK: 12.5-15	EU: 48-51
M	11-15 in	28-38 cm	US: M15.5-Plus		UK: 15.5-Plus	EU: 51.5-Plus
	13-18 in	33-46 cm				



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