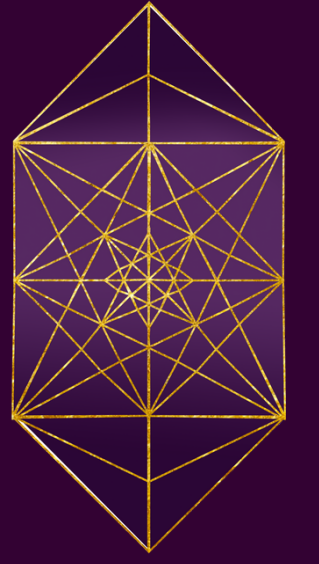


CRYSTAL ALCHEMY GUIDE



A guide to working with crystals for protection & psychic self-defense.



by Lance Campbell

INTRODUCTION

Between working my booth at crystal shows or at the crystal shop, I get this question the most: "Which stone is the most powerful for this or the best for that..."

This guide is here to serve as a quick reference to the crystals I recommend, as well as what I wear or bring along in MY daily life for energetic protection and personal sovereignty.

I will share some specific ways to combat unwanted energy from attaching or entering our personal electromagnetic field.





THE SHIELD OF PURIFICATION BLACK TOURMALINE

Black Tourmaline has a reputation for being protective and purifying to the energy bodies. They are known as etheric vacuums and these powerful allies may start to vibrate in your pocket if they have absorbed something that needs to be transmuted. One way to transmute this negative energy is with running water, while visualizing the stone being cleansed of its contents. Make sure to thank the water afterwards!

These crystals make powerful companions for anyone working in hospitals, law enforcement, or when doing any form of spiritual healing work. They can assist us in not "bringing home" witnessed trauma and other energetic cords, or bindings.



THE BOUNDARY ENFORCER TIGERS EYE

This is one of my favorites, a combination of Asbestos that has been replaced with Quartz, creating a beautiful effect called chatoyancy.

Tigers Eye empowers us to create and enforce healthy boundaries and reinforces our confidence in our decision making when it comes to our freedom and sovereignty. A great stone for anyone needing extra courage to stand up for themselves.

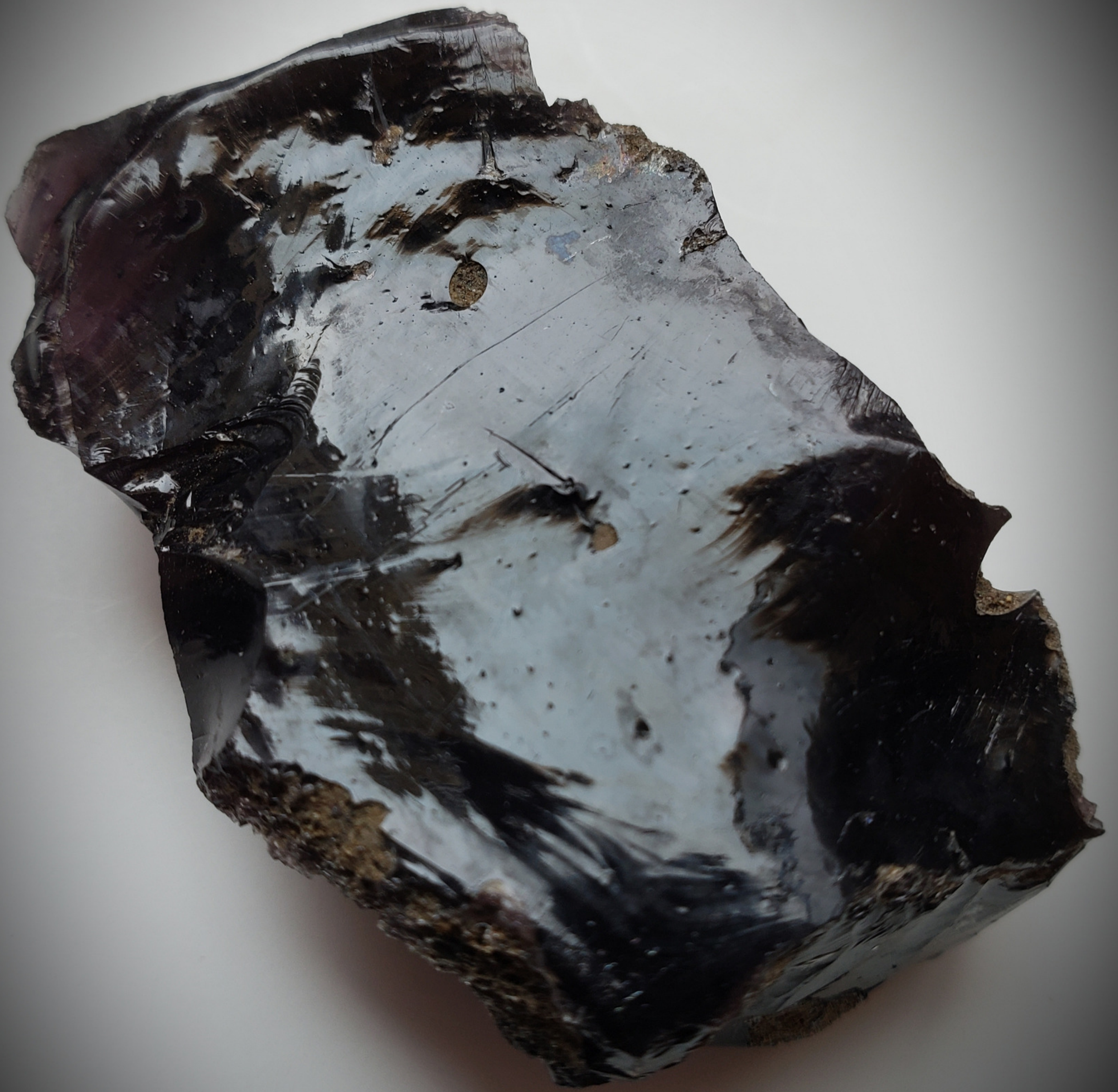


EARTHLY PROTECTOR SMOKEY QUARTZ

Smokey Quartz is a masterful protection ally, with its ability to transmute nearly limitless amounts of dense energy and provide a protective grounding quality while working within intense aspects of our lives.

Combining Quartz with any of the other protective crystals mentioned, will amplify the properties of both. You cannot create a “bad” combination as they work together harmoniously like different instruments in an orchestra.

Smokey Quartz does come with a slight caution, as I have met several “ghost hunters” that swear they are able to get better results when they wear a piece while recording or doing walk throughs of what are said to be haunted places! Not too surprising though as Smokey Quartz aids in grounding and manifestation!



THE CORD CUTTER OBSIDIAN

Obsidian is a form of volcanic glass, formed by cooling lava flows during eruptions on the surface of the Earth. One of Obsidians' specialties is protection from energy vampirism, by gently removing hooks and healing the aura of any holes or tears. A great stone for anyone working on ancestral healing or bloodline clearing work involving cutting of cords and canceling of contracts.

It has been said that Obsidian is a form of crystallized shadow and by working with our own shadow do we become aware of the eternal fire within ourselves.



THE MAGICAL CLOAK LABRADORITE

This form of Feldspar, dances within and outside of our reality.

Wielding the ability to cloak and shield its human ally, these crystal beings make great companions for highly sensitive people in public spaces.

I have personally experienced this effect back-firing on a store that had a Labradorite door handle, they told me they OFTEN had people tell them they had a really difficult time finding their door (As I did!).



TECHNIQUES

Energetic hygiene is becoming more and more important during this planetary cycle. We must practice some form of cord cutting or energy clearing daily, if we wish to remain in personal sovereignty and integrity. It is also critical for us to keep our electromagnetic field or our "aura" clean at this time.

Here are a few techniques for cord cutting and energy clearing that I use regularly.

Forest Bathing - Walking in nature has been shown to heal and clean the electromagnetic fields of humans. Walking on the ground without shoes also simulates this effect.

Smudgeing - burning incense, Sage, Palo Santo or Cedar,
Essential. oil sprays - blends of Sage ,Palo Santo, Rosemary or Cedar.

Maharic Seal, 12 Dimensional Shield Technique.
<https://www.youtube.com/watch?v=XhuLXYLhz-c>

ABOUT

LANCE

Hi I'm Lance,

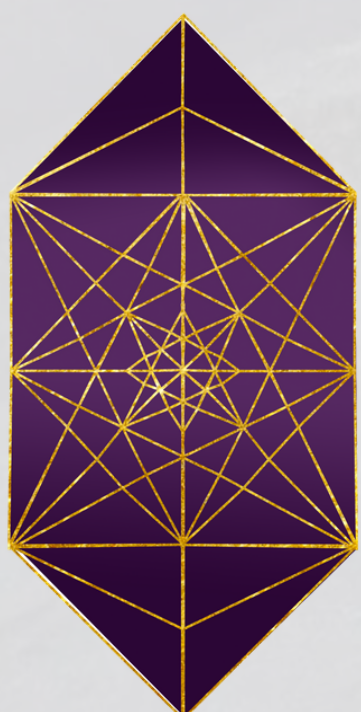
Thank you for signing up on my website, I love sharing my experiences with the living elements and this is my special gift to you.

If this guide resonated with you, please continue to check out my blogs and new listings each week where you can learn more about the crystal and elemental world!

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if you have any questions, please feel free to email me

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