



SNOWSTORM GUIDE

STEP 1 - PREPARE

- Insulate any water lines that run along exterior walls so your water supply will be **less likely to freeze**. ❄️
- Make an **Emergency Plan**. Before a disaster strikes, set a plan with your family to know how to contact one another and reconnect if separated.
- Keep an **Emergency Supply Kit** in your home, and an **Emergency Car Kit** in your vehicle. It's best to avoid traveling, but if it is necessary, it's important to have essential items. 72HRS has various **Emergency Kits!** Choose one that best suits your needs.

- Make sure you have **shovels and snow removal tools** ready.
- Having **light** to see is very important! Keep a flashlight in a place that is familiar and easy to access in case of a power outage. Having at least one **Hand-crank Flashlight** in your house is a good idea as it does not rely on batteries. 🔦
- Have an **alternative heat source**, such as a fireplace, wood burning stove, or a generator, so you are able to keep one room in your home warm and livable.

- Radio and television stations will broadcast Environment Canada weather statements. Pay attention to that information. Keep a **NOAA radio** in your emergency kit
- **Heat your home** correctly - follow the manufacturer's instructions if using a wood stove, fireplace, or space heater.
- Leave **water taps slightly open** so they drip continuously - this makes sure the pipes do not freeze and rupture.

STEP 2 - DURING

- Watch for signs of **frostbite or hypothermia**
- Bring companion **animals indoors**. Create a place where other animals can be comfortable in severe winter weather.
- **Wear proper clothing and keep dry**. Change wet clothing frequently to prevent a loss of body heat 🧥

STEP 3 - AFTER

- Be careful when clearing snow. Take your time and avoid overexertion. Take regular breaks to warm up and rest if needed.
- Follow directions from **local authorities** and **first responder personnel**. 🚒
- **Be aware of the wind chill**. Avoid unnecessary exposure of any part of the body to the cold. 🌬️

- If possible, **avoid driving and travel** until conditions improve.
- **Stay off ice** - many injuries related to cold weather happen from falls on ice-covered sidewalks, steps, driveways, and porches. ⚠️

IMPORTANT FACTS

✓ The best time to prepare for any disaster is before it happens.

⚠️ NEVER use a generator, BBQ, propane inside an enclosed area

👤 Use the 'buddy system' if you need to leave your home.

🧹 Follow official instructions during snow removal and clean up.

RECOMMENDED KITS



The 72HRS Essentials Kit
Available for 1-4 people

The 72HRS Deluxe Kit
Available for 1-4 people