

Nutrition Facts

Serving Size 1oz (28g)

Servings Per Container About 2

Amount Per Serving

Calories 70 Calories from Fat 10

% Daily Value*

Total Fat 1g 2%

Saturated Fat 0g 0%

Trans Fat 0g 0%

Cholesterol 20mg 7%

Sodium 260mg 11%

Total Carbohydrate 6g 2%

Dietary Fiber 0g 0%

Sugars 6g

Protein 12g 24%

Vitamin A 1% • Vitamin C 0%

Calcium 1% • Iron 2%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs