



The Howard Clinic

Chartered Physiotherapists in Sindlesham, Wokingham and Berkshire

“It is always good news to find a product that reduces the risk of injury and makes a task easier and quicker.

As both a keen gardener and Physiotherapist for 35 years, I am always on the lookout for innovative new products on the market, with designs, such as the ITip wheelbarrow handles.

The features of these handles enable the user to steer the wheelbarrow with more ease, reducing the twisting action of the spine to go around corners.

When it comes to emptying the wheelbarrow the design allows for a reduced tipping angle – this is great for reducing the strain on the small joints at the back of the spine, and likely to reduce the pressure on the discs between the vertebra.

The handles also allow for a better biomechanical efficiency in the arms and hands, making it easier on the joints of the shoulders, elbows and wrists. The emptying is done with the joints in a more mid-range rather than at the extreme end of joints’ extension.

When gardening, or doing any work involving repetitive tasks with a wheelbarrow, a device which reduces risk of injury has got to be good news for both health and safety and a better user experience.”

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