















REAL MEAL KITS








www.72hours.ca | orders@72hours.ca | 1800 - 964 - 8699

Category	Content	1 Person	2 Person	3 Person	4 Person
Food	 Mountain House Scrambled Eggs With Bacon Pouch - One Serving	1	2	3	4
	 Mountain House Granola with Milk and Blueberries Pouch - One Serving	2	4	6	8
	 Mountain House Rice and Chicken Pouch - One Serving	1	2	3	4
	 Mountain House Spaghetti with Meat Sauce Pouch - One Serving	1	2	3	4
	 Mountain House Mac and Cheese Pouch - One Serving	1	2	3	4
Water	 125ml Water Ration	24	48	72	96
	 Aquatabs Water Purification Tablets for 1 L Extra Strength	10	20	30	40
	 10 Litre Foldable Water Storage Container	1	2	3	4
Shelter	 72HRS Emergency Sleeping Bag	1	2	3	4
	 72HRS Disposable Hooded Rain Poncho	1	2	3	4
	 72HRS Tube Tent	1	2	3	4
	 72HRS Roll Duct Tape	1	2	3	4



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Category	Content	1 Person	2 Person	3 Person	4 Person
Lighting & Communication	 72HRS CRUSADER ONE NOAA Flashlight Analog Radio	1	2	3	4
	 72HRS Three Wick 36HR Candle	1	2	3	4
	 72HRS Waterproof Matches	40	80	120	160
Cooking Supplies	 72HRS Piezo Ignition Compact Camping Cooking Stove	1	2	3	4
	 Jetboil Jetpower 100 Isobutane/Propane Fuel Canister	1	2	3	4
	 Stainless Steel Mug with Red 3" Carabiner Handle (300ml)	1	2	3	4
	 6-IN-1 Tool Kit - Camping Multi Tool	1	2	3	4
First Aid	 72HRS 108 Pcs First Aid Kit	1	2	3	4
	 Viny Gloves (Included in 108 Pcs First Aid Kit)	2	4	6	8
Search & Rescue	 Aluminum Alloy Emergency Whistle	1	2	3	4
	 72HRS Dust Mask	1	2	3	4
	 7272HRS Leather Palm Work Gloves (pair)	1	2	3	4



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Search & Rescue		72HRS 50ft Nylon Utility Cord	1	2	3	4
Sanitation		72HRS Tissue Pack	1	2	3	4
Storage		72HRS Deluxe Backpack	1	2	3	4