## Hashbrown Potatoes with Bacon, Peppers, and Onions


#### Abstract

INGREDIENTS: HASHBROWN POTATOES WITH BACON, PEPPERS AND ONIONS: WATER, BACON (PORK, WATER, SALT, SUGAR, SMOKE FLAVOUR, SODIUM PHOSPHATES, SODIUM ERYTHORBATE, SODIUM NITRITE), DEHYDRATED POTATOES (POTATOES, SODIUM METABISULPHITE), BELL PEPPERS, ONION, SALT, POTATO STARCH., RASPBERRY APPLESAUCE: APPLES, SUGARS (SUGAR, RASPBERRY PURÉE), WATER, ASCORBIC ACID, SALT, NATURAL AND ARTIFICIAL FLAVOURS, ALLURA RED, BRILLIANT BLUE FCF,, RECOVERY TRAIL MIX WITH PRETZELS: PRETZELS (ENRICHED FLOUR, SUNFLOWER, CANOLA AND RICE OILS, SALT, MALT SYRUP, YEAST, SODIUM BICARBONATE), PEANUTS, ALMONDS, CASHEWS (PEANUT OIL), ALCOHOL, ZEIN, GLYCERIN, CITRIC ACID, BHA, BHT., FIG BARS : ENRICHED BLEACHED FLOUR (BLEACHED WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), SUGAR, HIGH FRUCTOSE CORN SYRUP, PALM OIL, CON SYRUP, FIGS (PRESERVED WITH SULFUR DIOXIDE), DEXTROSE, CORN FLOUR, PREGELATINIZED CORN FLOUR, GLYCERINE, FLAKED CORN, WHOLE WHEAT FLOUR, CALCIUM CARBONATE, SALT, OATS, SODIUM BENZOATE AND POTASSIUM SORBATE AS PRESERVATIVES, NATURAL AND ARTIFICIAL FLAVOR, SODIUM BICARBONATE, SOY LECITHIN, CARAMEL COLOR, AMMONIUM BICARBONATE, CITRIC ACID., LEMON LIME BEVERAGE BASE: SUGAR, MALTODEXTRIN, CITRIC ACID, SODIUM CITRATE, NATURAL AND ARTIFICIAL FLAVOURS, ASCORBIC ACID, MONOCALCIUM PHOSPHATE, TARTRAZINE, BRILLIANT BLUE FCF,TOOTSIE ROLL: SUGAR, CORN SYRUP, PALM OIL, CONCENTRATED SKIM MILK, COCOA, WHEY, SOY LECITHIN, ARTIFICIAL AND NATURAL FLAVORS,


## CONTAINS:

MILK, PEANUT, SOY, ALMONDS, BARLEY, CASHEWS, WHEAT.

## INGRÉDIENTS : POMMES DE TERRE RISSOLÉES AVEC BACON, POIVRONS ET

 OIGNONS: EAU, BACON (PORC, EAU, SEL, SUCRE, SAVEUR DE FUMÉE, PHOSPHATES DE SODIUM, ÉRYTHORBATE DE SODIUM, NITRITE DE SODIUM), POMMES DE TERRE DÉSHYDRATÉES (POMMES DE TERRE, MÉTABISULFITE DE SODIUM), POIVRONS, OIGNON, PIMENT, SEL, FÉCULE DE POMME DE TERRE, COMPOTE DE POMMES A LA FRAMBOISE: POMMES, SUCRES (SUCRE, PUREEE DE FRAMBOISE), EAU, ACIDE ASCORBIQUE, SEL, SAVEUR NATURELLES ET ARTIFICIELLES, ROUGE ALLURA, BLEU BRILLANT FCF., MÉLANGE DE RANDONNÉE AVEC BRETZELS POUR RÉCUPÉRATION : BRETZELS (FARINE ENRICHIE, HUILES DE TOURNESOL, DE CANOLA ET DE RIZ, SEL, SIROP DE MALT, LEVURE, BICARBONATE DE SODIUM), ARACHIDES, AMANDES, NOIX DE CAJOU (HUILE D'ARACHIDES), ALCOOL, ZEIN, GLYCÉRINE, ACIDE CITRIQUE, BHA, BHT BARRES DE FIGUES : FARINE ENRICHIE BLANCHIE, SUCRE, GLUCOSE-FRUCTOSE, HUILE DE PALME, SIROP DE MAIS, FIGUES (DIOXYDE DE SOUFRE), DEXTROSE, FARINE DE MAIS, FARINE DE MAIS PREGELATINISEE, GLYCERINE, FLOCONS DE MATS, FARINE DE BLE ENTIER, CARBONATE DE CALCIUM, SEL, AVOINE, BENZOATE DE SODIUM ET SORBATE DE POTASSIUM, SAVEURS NATURELLES ET ARTIFICIELLES, BICARBONATE DE SODIUM, LECITHINE DE SOYA, CARAMEL, BICARBONATE D'AMMONIUM, ACIDE CITRIQUE., POUDRE DE BASE À BOISSON CITRON-LIME : SUCRE, MALTODEXTRINE, ACIDE CITRIQUE, CITRATE DE SODIUM, SAVEURS NATURELLES ET ARTIFICIELLES, ACIDE ASCORBIQUE, PHOSPHATE MONOCALCIQUE, TARTRAZINE, BLEU BRILLANT FCF, TOOTSIE ROLLS : SUCRE, SIROP DE MAİS, HUILE DE PALME, LAIT ÉCRÉMÉ CONSENTRÉ, CACAO, LACTOSÉRUM, LÉCITHINE DE SOYA, ARŌMES ARTIFICIEL ET NATUREL.CONTIENT:
LAIT, ARACHIDES SOYA, AMANDES, ORGE, NOIX DE CAJOU, BLÉ.

## Nutrition Facts Valeur nutritive

Per Kit (523g) / Par Ensemble (523g)

| Amount  <br> Teneur \% Dalleur quo | \% Dally Value \% valeur quotidienne |
| :---: | :---: |
| Calories / Calories 1060 |  |
| Fat / Lipides 34 g | $52 \%$ |
| Saturated / saturés 9 g + Trans / trans 0 g | 9 g |
| Cholesterol / Cholestérol 25 mg |  |
| Sodium / Sodium 1530 mg | $30 \mathrm{mg} \quad 64 \%$ |
| Carbohydrate / Glucides 169 g | ides $169 \mathrm{~g} 56 \%$ |
| Fibre / Fibres 10 g | $40 \%$ |
| Sugars / Sucres 74 g |  |
| Protein / Protéines 23 g |  |
| Vitamin A / Vitamine A | A 0 \% |
| Vitamin C / Vitamine C | C $80 \%$ |
| Calcium / Calcium | 8 \% |
| Iron / Fer | $30 \%$ |



523g
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## Maple Brown Sugar Oatmeal


#### Abstract

INGREDIENTS: MAPLE BROWN SUGAR OATMEAL: WATER, OATS, SUGAR, BUTTER, BROWN SUGAR, MAPLE SYRUP, GUAR GUM, NATURAL AND ARTIFICAL FLAVOR (MODIFIED CORN STARCH, CORN SYRUP, NATURAL AND ARTIFICAL FLAVOR, CARAMEL COLOR, MAPLE SYRUP), SOY LECITHIN, SALT., RASPBERRY APPLESAUCE: APPLES, SUGAR, WATER, RASPBERRY PUREE, ASCORBIC ACID, SALT, NATURAL AND ARTIFICIAL FLAVOR, RED 40, BLUE 1., RECOVERY TRAIL MIX WITH PRETZELS: PRETZELS (ENRICHED WHEAT FLOUR [NIACIN, IRON \{FERROUS SULFATE\}, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID], VEGETABLE OIL [SUNFLOWER OIL, CANOLA OIL, RICE OIL], SALT, MALT SYRUP, YEAST, SODIUM BICARBONATE), PEANUTS, ALMONDS, CASHEWS (COATED WITH PEANUT OIL), ALCOHOL, ZEIN, GLYCERIN, CITRIC ACID, BHA AND BHT (PRESERVATIVES)., FIG BARS : ENRICHED BLEACHED FLOUR (BLEACHED WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), SUGAR, HIGH FRUCTOSE CORN SYRUP, PALM OIL, CON SYRUP, FIGS ( PRESERVED WITH SULFUR DIOXIDE), DEXTROSE, CORN FLOUR, PREGELATINIZED CORN FLOUR, GLYCERINE, FLAKED CORN, WHOLE WHEAT FLOUR, CALCIUM CARBONATE, SALT, OATS, SODIUM BENZOATE AND POTASSIUM SORBATE AS PRESERVATIVES, NATURAL AND ARTIFICIAL FLAVOR, SODIUM BICARBONATE, SOY LECITHIN, CARAMEL COLOR, AMMONIUM BICARBONATE, CITRIC ACID., BEVERAGE BASE POWDER ORANGE: SUGAR, MALTODEXTRIN, CITRIC ACID (PROVIDES TARTNESS), SODIUM CITRATE, NATURAL AND ARTIFICIAL FLAVORS, ASCORBIC ACID (VITAMIN C), RED 40 LAKE, YELLOW 6 LAKE, CALCIUM PHOSPHATE (PREVENTS CAKING).,TOOTSIE ROLL: SUGAR, CORN SYRUP, PALM OIL, CONCENTRATED SKIM MILK, COCOA, WHEY, SOY LECITHIN, ARTIFICIAL AND NATURAL FLAVORS,.


CONTAINS:
MILK, PEANUT, SOY, ALMONDS, BARLEY, CASHEWS, WHEAT.
INGRÉDIENTS : GRUAU A L'ÉRABLE ET CASSONADE : EAU, AVOINE, SUCRE, BEURRE, CASSONADE, SIROP D'ERABLE, GOMME DE GUAR, SAVEURS NATURELLES ET ARTIFICIELLES (AMIDON DE MAIIS MODIFIE, SIROP DE MAÏS, SAVEURS NATURELLES ET ARTIFICIELLES, CARAMEL, SIROP D'ERABLE), LECITHINE DE SOYA, SEL., COMPOTE DE POMMES À LA FRAMBOISE : POMMES, SUCRES (SUCRE, PUREE DE FRAMBOISE), EAU, ACIDE ASCORBIQUE, SEL, SAVEUR NATURELLES ET ARTIFICIELLES, ROUGE ALLURA, BLEU BRILLANT FCF MÉLANGE DE RANDONNÉE AVEC BRETZELS POUR récupération: BRETZELS (FARINE ENRICHIE, HUILES DE TOURNESOL, DE CANOLA ET DE RIZ, SEL, SIROP DE MALT, LEVURE, BICARBONATE DE SODIUM), ARACHIDES, AMANDES, NOIX DE CAJOU (HUILE D'ARACHIDES), ALCOOL, ZEIN, GLYCÉRINE, ACIDE CITRIQUE, BHA, BHT, BARRES DE FIGUES : FARINE ENRICHIE BLANCHIE, SUCRE, GLUCOSE-FRUCTOSE, HUILE DE PALME, SIROP DE MAIS, FIGUES (DIOXYDE DE SOUFRE), DEXTROSE, FARINE DE MAIS, FARINE DE MATS PREGELATINISEE, GLYCERINE, FLOCONS DE MATS, FARINE DE BLE ENTIER, CARBONATE DE CALCIUM, SEL, AVOINE, BENZOATE DE SODIUM ET SORBATE DE POTASSIUM, SAVEURS NATURELLES ET ARTIFICIELLES, BICARBONATE DE SODIUM, LECITHINE DE SOYA, CARAMEL, BICARBONATE D'AMMONIUM, ACIDE CITRIQUE., POUDRE DE BASE A BOISSON ORANGE: SUCRE, MALTODEXTRINE, ACIDE CITRIQUE, CITRATE DE SODIUM, SAVEURS NATURELLES ET ARTIFICIELLES, ACIDE ASCORBIQUE, ROUGE ALLURA, JAUNE SOLEIL FCF, PHOSPHATE MONOCALCIQUE, TOOTSIE ROLLS: SUCRE, SIROP DE MAIS, HUILE DE PALME, LAIT ECCRÉMÉ CONSENTRÉ, CACAO, LACTOSÉRUM, LEECITHINE DE SOYA, AROOMES ARTIFICIEL ET NATUREL.

## CONTIENT:

LAIT, ARACHIDES SOYA, AMANDES, ORGE, NOIX DE CAJOU, BLÉ.

## Nutrition Facts Valeur nutritive

Per Kit ( 523 g ) / Par Ensemble (523g)

| Amount <br> Teneur | \% Dally Value <br> \% valeur quotdilenne |
| :--- | ---: |

Calories / Calories 1030

| Fat / Lipides 30 g | $\mathbf{4 6} \%$ |
| :--- | :--- |
| Saturated / saturés 8 g <br> + Trans / trans 0 g | $\mathbf{4 0} \%$ |

Cholesterol / Cholestérol 10 mg
Sodium / Sodium $810 \mathrm{mg} \quad 34 \%$
Carbohydrate / Glucides $181 \mathrm{~g} \mathrm{60} \mathrm{\%}$

| Fibre / Fibres 12 g | $\mathbf{4 8} \%$ |
| :--- | :--- |
| Sugars / Sucres 92 g |  |

Sugars/Sucres 92 g
Protein / Protéines 16 g

|  |  |
| :--- | ---: |
| Vitamin A / Vitamine A | $0 \%$ |
| Vitamin C / Vitamine C | $80 \%$ |
| Calcium / Calcium | $10 \%$ |
| Iron / Fer | $30 \%$ |



## Cheese Tortellini in Tomato Sauce

INGREDIENTS: CHEESE TORTELLINI IN TOMATO SAUCE : WATER, CHEESE TORTELLIN (ENRICHED DURUM FLOUR, WATER, RICOTTA WHEY CHEESE WITH CARRAGEENAN [WHEY, MILK, VINEGAR, CARRAGEENAN], BREADCRUMBS [ENRICHED FLOUR, SUGAR SOYBEAN OIL, YEAST], PARMESAN CHEESE [PARTLY SKIMMED MILK, BACTERIAL CULTURE, SALT, MICROBIAL ENZYME], LIQUID WHOLE EGG, ASIAGO CHEESE [MILK BACTERIAL CULTURE, SALT, MICROBIAL ENZYME], SALT, LIQUID EGG WHITE, BLACK PEPPER, NUTMEG), TOMATO PASTE, MODIFIED CORNSTARCH, SEASONING (DEHYDRAT ED PARMESAN CHEESE [MILK, BACTERIAL CULTURE, MICROBIAL ENZYME, SALT], DEHYDRATED ONION AND CELERY, SPICES, GARLIC \& ONION POWDER, MALTODEXTRIN, WHEY, NATURAL PARMESAN CHEESE FLAVOUR, SALT), SALT, SOY PROTEIN ISOLATE, SOYBEAN OIL, APPLESAUCE : APPLES, SUGAR, MALTODEXTRIN, WATER, ASCORBIC ACID FIG BARS : ENRICHED BLEACHED FLOUR (BLEACHED WHEAT FLOUR, NIACIN REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), SUGAR, HIGH FRUCTOSE CORN SYRUP PALM OIL, CON SYRUP FIGS (PRESERVED WITH SULFUR FRUCTOSE CORN SYRUP, PALM OIL, CON SYRUP, FIGS (PRESERVED WITH
DIOXIDE), DEXTROSE, CORN FLOUR, PREGELATINIZED CORN FLOUR, GLYCERINE, DIOXIDE). DEXTROSE, CORN FLOUR, PREGELATINIZED CORN FLOUR, GLYCERINE,
FLAKED CORN, WHOLE WHEAT FLOUR, CALCIUM CARBONATE, SALT, OATS, SODIUM FLAKED CORN, WHOLE WHEAT FLOUR, CALCIUM CARBONATE, SALT, OATS, SODIUM BENZOATE AND POTASSIUM SORBATE AS PRESERVATIVES, NATURAL AND ARTIFICIAL
FLAVOR, SODIUM BICARBONATE, SOY LECITHIN, CARAMEL COLOR, AMMONIUM BICARBONATE, CITRIC ACID., PEPPERONI FLAVOURED CHEESE-FILLED CRACKERS FLOUR, VEGETABLE OIL (PALM KERNEL, PALM, CORN AND/OR HYDROGENATED PALM), WHEY, MALTODEXTRIN, MODIFIED CORNSTARCH, SALT, TOMATO POWDER, SOFT UNRIPENED AND CHEDDAR CHEESE (MILK, BACTERIAL CULTURE, SALT, MICROBIAL ENZYME), LEAVENING (SODIUM BICARBONATE, SODIUM PHOSPHATE). CREAM, SUGARS (DEXTROSE, SUGAR), SOYA LECITHIN, SPICES, YEAST EXTRACT, NATURAL AND ARTIFICIAL FLAVOURS, ONION POWDER, CARAMEL, SKIM MILK, PAPRIKA EXTRACT RENDERED BEEF FAT, GARLIC POWDER, ALLURA RED, SUNSET YELLOW FCF, CITRIC RENDERED BEEF FAT, GARLIC POWDER, ALLURA RED, SUNSET YELLOW FCF, CITRIC
ACID, MALIC ACID, DISODIUM INOSINATE AND GUANYLATE, HYDROLYZED SOY PROTEIN, ACTIC ACID., LEMON LIME BEVERAGE BASE: SUGAR, MALTODEXTRIN, CITRIC ACID SODIUM CITRATE, NATURAL AND ARTIFICIAL FLAVOURS, ASCORBIC ACID, MONOCALCIUM PHOSPHATE, TARTRAZINE, BRILLIANT BLUE FCF,TOOTSIE ROLL: SUGAR, CORN SYRUP, PALM OIL, CONCENTRATED SKIM MILK, COCOA, WHEY, SOY LECITHIN, ARTIFICIAL AND NATURAL FLAVORS,.

CONTAINS: EGG, MILK, SOY, WHEAT.
INGRÉDIENTS : TORTELLINI AU FROMAGE EN SAUCE TOMATE : EAU, TORTELLINI AU FROMAGE (FARINE DE BLE DUR ENRICHIE, EAU, FROMAGE DE LACTOSERUM RICOTTA AVEC CARRAGHENINE [LACTOSERUM, LAIT, VINAIGRE, CARRAGHENINE], CHAPELURE [FARINE ENRICHIE, SUCRE, HUILE DE SOYA, LEVURE], FROMAGE PARMESAN [LAIT PARTIELLEMENT ECREME, CULTURE BACTERIENNE, SEL, ENZYME MICROBIEN], OEUF ENTIER LIQUIDE, FROMAGE ASIAGO [LAIT, CULTURE BACTERIENNE, SEL, ENZYME MICROBIEN], SEL, BLANC D'OEUF LIQUIDE, POIVRE NOIR, MUSCADE), PATE DE TOMATES, AMIDON DE MATS MODIFIE, ASSAISONNEMENT (FROMAGE PARMESAN DESHYDRATE [LAIT, CULTURE BACTERIENNE, ENZYME MICROBIEN, SEL], OIGNON ET CELERI DESHYDRATE, EPICES, AIL ET OIGNON EN POUDRE, MALTODEXTRINE, LACTOSERUM SAVEUR NATURELLE DE FROMAGE DE PARMESAN, SEL), SEL, ISOLAT DE PROTEINE DE SOYA, HUILE DE SOYA, PUREE DE POMMES: POMMES, SUCRE, MALTODEXTRINE, EAU, ACIDE ASCORBIQUE, BARRES DE FIGUES : FARINE ENRICHIE BLANCHIE, SUCRE GLUCOSE-FRUCTOSE, HUILE DE PALME, SIROP DE MAIS, FIGUES (DIOXYDE DE SOUFRE) DEXTROSE, FARINE DE MAIS, FARINE DE MAIS PREGELATINISEE, GLYCERINE, FLOCONS DE MAIS, FARINE DE BLE ENTIEP, CARBONATE DE CALCIUM, SEL, AVOINE, BENZOATE DE SODIUM ET SORBATE DE POTASSIUM, SAVEURS NATURELLES ET ARTIFICIELLES BICARBONATE DE SODIUM, LECITHINE DE SOYA, CARAMEL, BICARBONATE D'AMMONIUM, ACIDE CITRIQUE., CRAQUELINS REMPLIS DE FROMAGE A SAVEUR DE PEPPERONI: FARINE, HUILE VÉGÉTALE (PALMISTE, PALME, MAİS ET/OU PALME HYDROGÉNEE), LACTOSERRUM, MALTODEXTRINE, AMIDON DE MAIS MODIFIÉ, SEL, POUDRE DE TOMATES, FROMAGES À PȦTE MOLLE NON AFFINÉ ET AU CHEDDAR (LAIT CULTURE BACTÉRIENNE, SEL, ENZYME MICROBIEN), LEVAIN (BICARBONATE DE SODIUM, PHOSPHATE DE SODIUM), CREME, SUCRES (DEXTROSE, SUCRE), LECITHINE DE SOYA, ÉPICES, EXTRAIT DE LEVURE, SAVEURS NATURELLES ET ARTIFICIELLES, OIGNON EN POUDRE, CARAMEL, LAIT ÉCRÉMÉ, EXTRAIT DE PAPRIKA, GRAS FONDU DE BCEUF ROUGE ALLURA, JAUNE SOLEIL FCF, ACIDE CITRIQUE, ACIDE MALIQUE, INOSINATE ET GUANYLATE DISODIQUES, PROTÉINE DE SOYA HYDROLYSÉE, ACIDE LACTIQUE POUDRE DE BASE À BOISSON CITRON-LIME: SUCRE, MALTODEXTRINE, ACIDE CITRIQUE, CITRATE DE SODIUM, SAVEURS NATURELLES ET ARTIFICIELLES, ACIDE ASCORBIQUE, PHOSPHATE MONOCALCIQUE, TARIRAZINE, BLEU BRILLANT FCF TOOTSIE ROLLS : SUCRE, SIROP DE MAIS, HUILE DE PALME, LAIT ECRÉME CONSENTRE CACAO, LACTOSÉRUM, LÉCITHINE DE SOYA, ARÔMES ARTIFICIEL ET NATUREL.

CONTIENT: CEUF, LAIT, SOYA BLÉ

## Nutrition Facts <br> Valeur nutritive

Per Kit (509g) / Par Ensemble (509g)

| Amount <br> Teneur\% Dal | $\begin{array}{r} \text { \% Daily Value } \\ \text { \% valeur quotidienne } \end{array}$ |
| :---: | :---: |
| Calories / Calories 1040 |  |
| Fat / Lipides 22 g | 34\% |
| Saturated / saturés 10 g <br> + Trans / trans 0 g | $50 \%$ |
| Cholesterol / Cholestérol 20 mg |  |
| Sodium / Sodium 1290 mg | $54 \%$ |
| Carbohydrate / Glucides 192 g | 64\% |
| Fibre / Fibres 7 g | 28 \% |
| Sugars / Sucres 84 g |  |
| Protein / Protéines 16 g |  |
| Vitamin A / Vitamine A | $0 \%$ |
| Vitamin C / Vitamine C | $80 \%$ |
| Calcium / Calcium | $20 \%$ |
| Iron/Fer | $25 \%$ |

## 509g <br> XMRE® ${ }^{\text {mo }}$ <br> PEMBROKE PARK, FL 33021 U.S.A WWW.XMREMEALS.COM



## Chili with Beans

INGREDIENTS: CHILI WITH BEANS: WATER, COOKED SEASONED BEEF (BEEF, WATER SALT), KIDNEY BEANS, PINTO BEANS, TOMATO PASTE, GREEN BELL PEPPERS, SUGAR CHILLI PEPPER, MODIFIED CORNSTARCH, DEHYDRATED ONIONS, SPICES, SALT, NATURAL FLAVOUR, PAPRIKA EXTRACT., FIG BARS : ENRICHED BLEACHED FLOUR (BLEACHED WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), SUGAR, HIGH FRUCTOSE CORN SYRUP, PALM OIL, CON SYRUP, FIGS ( PRESERVED WITH SULFUR DIOXIDE), DEXTROSE, CORN FLOUR, PREGELATINIZED CORN FLOUR, GLYCERINE, FLAKED CORN, WHOLE WHEAT FLOUR, CALCIUM CARBONATE, SALT, OATS, SODIUM BENZOATE AND POTASSIUM SORBATE AS PRESERVATIVES, NATURAL AND ARTIFICIAL FLAVOR, SODIUM BICARBONATE, SOY LECITHIN, CARAMEL COLOR, AMMONIUM BICARBONATE, CITRIC ACID., TORTILLAS: BLEACHED FLOUR, WATER, HYDROGENATED SOYBEAN OIL, VEGETABLE GLYCERINE, SALT, MONO AND DIGLYCERIDES, WHEAT GLUTEN, CALCIUM PROPIONATE, SODIUM BICARBONATE, SUGAR, FUMARIC ACID, SODIUM ALUMINUM SULPHATE, SODIUM ACID PYROPHOSPHATE, SODIUM STEARYOL-2-LACTYLATE, CORNSTARCH, POTASSIUM SORBATE, YEAST, CARBOXYMETHYL CELLULOSE, ENZYMES, SODIUM METABISULPHITE., PEPPERONI FLAVOURED CHEESE-FILLED CRACKERS: FLOUR, VEGETABLE OIL (PALM KERNEL, PALM, CORN AND/OR HYDROGENATED PALM), WHEY, MALTODEXTRIN, MODIFIED CORNSTARCH, SALT, TOMATO POWDER, SOFT UNRIPENED AND CHEDDAR CHEESE (MILK, BACTERIAL CULTURE, SALT, MICROBIAL ENZYME), LEAVENING (SODIUM BICARBONATE, SODIUM PHOSPHATE), CREAM, SUGARS (DEXTROSE, SUGAR), SOYA LECITHIN, SPICES, YEAST EXTRACT, NATURAL AND ARTIFICIAL FLAVOURS, ONION POWDER, CARAMEL, SKIM MILK, PAPRIKA EXTRACT, RENDERED BEEF FAT, GARLIC POWDER, ALLURA RED, SUNSET YELLOW FCF, CITRIC ACID, MALIC ACID, DISODIUM INOSINATE AND GUANYLATE, HYDROLYZED SOY PROTEIN, LACTIC ACID., ORANGE BEVERAGE BASE POWDER: SUGAR, MALTODEXTRIN, CITRIC ACID, SODIUM CITRATE, NATURAL AND ARTIFICIAL FLAVOURS, ASCORBIC ACID, ALLURA RED, SUNSET YELLOW FCF, MONOCALCIUM PHOSPHATE.,,TOOTSIE ROLL: SUGAR, CORN SYRUP, PALM OIL, CONCENTRATED SKIM MILK, COCOA, WHEY, SOY LECITHIN, ARTIFICIAL AND NATURAL FLAVORS,

CONTAINS: MILK, SOY, WHEAT.
INGRÉdIENTS : CHILI AVEC HARICOTS : EAU, BGEUF ASSAISONNE CUIT (BCEUF, EAU, SEL), HARICOTS ROUGES, HARICOTS PINTO, PÅTE DE TOMATES, POIVRONS VERTS, SUCRE, PIMENT CHILI, AMIDON DE MAIIS MODIFIÉ, OIGNONS DESHYDRATES, EPICES, SEL, SAVEUR NATURELLE, EXTRAIT DE PAPRIKA., BARRES DE FIGUES : FARINE ENRICHIE BLANCHIE, SUCRE, GLUCOSE-FRUCTOSE, HUILE DE PALME, SIROP DE MAIS FIGUES (DIOXYDE DE SOUFRE), DEXTROSE, FARINE DE MAIS, FARINE DE MAIS PREGELATINISEE, GLYCERINE, FLOCONS DE MATS, FARINE DE BLE ENTIER, CARBONATE DE CALCIUM, SEL, AVOINE, BENZOATE DE SODIUM ET SORBATE DE POTASSIUM SAVEURS NATURELLES ET ARTIFICIELLES, BICARBONATE DE SODIUM, LECITHINE DE SOYA, CARAMEL, BICARBONATE D'AMMONIUM, ACIDE CITRIQUE., TORTILLAS : FARINE BLANCHIE, EAU, HUILE DE SOYA HYDROGÉNEEE, GLYCÉRINE VEGETTALE, SEL, MONO ET DIGLYCÉRIDES, GLUTEN DE BLĖ, PROPIONATE DE CALCIUM, BICARBONATE DE SODIUM, SUCRE, ACIDE FUMARIQUE, PHOSPHATE D'ALUMINIUM ET DE SODIUM PYROPHOSPHATE ACIDE DE SODIUM, STEAROYL-2-LACTYLATE DE SODIUM, AMIDON DE MAIS, SORBATE DE POTASSIUM, LEVURE, CARBOXYMÉTHYLCELLULOSE, ENZYMES, MÉTABISULFITE DE SODIUM CRAQUELINS REMPLIS DE FROMAGE A SAVEUR DE PEPPERONI: FARINE, HUILE VÉGÉtale (PALMISTE, PALME, MAIS ET/OU PALME HYDROGENEE), LACTOSERUM, MALTODEXTRINE, AMIDON DE MAIS MODIFIE, SEL, POUDRE DE TOMATES, FROMAGES A PÅTE MOLLE NON AFFINE ET AU CHEDDAR (LAIT, CULTURE BACTÉRIENNE, SEL, ENZYME MICROBIEN), LEVAIN (BICARBONATE DE SODIUM, PHOSPHATE DE SODIUM), CREME, SUCRES (DEXTROSE, SUCRE), LECITHINE DE SOYA, EPICES, EXTRAIT DE LEVURE, SAVEURS NATURELLES ET ARTIFICIELLES OIGNON EN POUDRE, CARAMEL, LAIT ÉCRÉMÉ, EXTRAIT DE PAPRIKA, GRAS FONDU DE BEEUF, ROUGE ALLURA, JAUNE SOLEIL FCF, ACIDE CITRIQUE, ACIDE MALIQUE, INOSINATE ET GUANYLATE DISODIQUES, PROTEINE DE SOYA HYDROLYSEEE, ACIDE LACTIQUE., POUDRE DE BASE A BOISSON ORANGE: SUCRE, MALTODEXTRINE, ACIDE CITRIQUE, CITRATE DE SODIUM, SAVEURS NATURELLES ET ARTIFICIELLES, ACIDE ASCORBIQUE, ROUGE ALLURA, JAUNE SOLEIL FCF, PHOSPHATE MONOCALCIQUE, TOOTSIE ROLLS : SUCRE, SIROP DE MAISS, HUILE DE PALME, LAIT ÉCRÉMÉE CONSENTRÉ, CACAO, LACTOSÉRUM, LECITHINE DE SOYA, ARÓMES ARTIFICIEL ET NATUREL.

CONTIENT: LAIT, SOYA, BLE.

## Nutrition Facts Valeur nutritive

Per Kit (435g) / Par Ensemble (435g)

| Amount \% Da <br> Teneur \% valeur quo | \% Dally Value \% valeur quotidienne |
| :---: | :---: |
| Calories / Calories 1090 |  |
| Fat / Lipides 33 g | 51 \% |
| Saturated / saturés 15 g <br> + Trans / trans 0 g | 75 \% |
| Cholesterol / Cholestérol 20 mg |  |
| Sodium / Sodium 1860 mg | $78 \%$ |
| Carbohydrate / Glucides 178 g | $59 \%$ |
| Fibre / Fibres 15 g | 60\% |
| Sugars / Sucres 60 g |  |
| Protein / Protéines 23 |  |
| Vitamin A / Vitamine A | $40 \%$ |
| Vitamin C / Vitamine C | $80 \%$ |
| Calcium / Calcium | $25 \%$ |
| Iron / Fer | 50 \% |


$\xrightarrow[N-7]{\sim}$


## Turkey Chili with Beans

INGREDIENTS: TURKEY CHILI WITH BEANS: COOKED GROUND TURKEY (TURKEY THIGH MEAT, WATER, SALT), WATER, COOKED PINTO BEANS, CRUSHED TOMATOES, TOMATOES IN JUICE (TOMATOES, TOMATO JUICE, CITRIC ACID, CALCIUM CHLORIDE), ONIONS, BEEF STOCK CONCENTRATE, CONTAINS $2 \%$ OR LESS OF: CHILI POWDER (CHILI PEPPER, CUMIN, SALT, GARLIC, OREGANO), MODIFIED CORN STARCH, WORCESTERSHIRE SAUCE (DISTILLED WHITE VINEGAR, MOLASSES, SUGAR, WATER, SALT, ONIONS, ANCHOVIES, GARLIC, CLOVES, TAMARIND EXTRACT, NATURAL FLAVORINGS, CHILI PEPPER EXTRACT), SUGAR, GARLIC POWDER, ONION POWDER, SALT, SPICE., ROASTED CORN NUGGETS: CORN, HIGH OLEIC CANOLA AND/OR SAFFLOWER OILS., TORTILLAS: BLEACHED FLOUR, WATER, HYDROGENATED SOYBEAN OIL, VEGETABLE GLYCERINE, SALT, MONO AND DIGLYCERIDES, WHEAT GLUTEN, CALCIUM PROPIONATE, SODIUM BICARBONATE, SUGAR, FUMARIC ACID, SODIUM ALUMINUM SULPHATE, SODIUM ACID PYROPHOSPHATE, SODIUM STEARYOL-2LACTYLATE, CORNSTARCH, POTASSIUM SORBATE, YEAST, CARBOXYMETHYL CELLULOSE, ENZYMES, SODIUM METABISULPHITE, BEVERAGE BASE POWDER ORANGE: SUGAR, MALTODEXTRIN, CITRIC ACID (PROVIDES TARTNESS), SODIUM CITRATE, NATURAL AND ARTIFICIAL FLAVORS, ASCORBIC ACID (VITAMIN C), RED 40 LAKE, YELLOW 6 LAKE, CALCIUM PHOSPHATE (PREVENTS CAKING)., CHEESE SPREAD: CHEDDAR CHEESE (MILK, BACTERIAL CULTURE, SALT, MICROBIAL ENZYME), BUTTER, WATER, SODIUM PHOSPHATE, SALT, MONO AND DIGLYCERIDES, LACTIC ACID, COLOR, XANTHAN, LOCUST BEAN AND GUAR GUMS, CALCIUM CASEINATE., TOOTSIE ROLL: SUGAR, CORN SYRUP, PALM OIL, CONCENTRATED SKIM MILK, COCOA, WHEY, SOY LECITHIN, ARTIFICIAL AND NATURAL FLAVORS.

CONTAINS: ANCHOVIES, MILK, SOY, WHEAT.
INGRÉDIENTS: CHILI DE DINDE AVEC HARICOTS : DINDE ASSAISONNÉE CUITE 'HAUT DE CUISSE DE DINDE, EAU, SEL, EAU, HARICOTS PINTO, TOMATES BROYEEES, TOMATE4S EN DÉS EN JUS TOMATES, JUS DE TOMATES, ACIDE CITRIQUE, CHLORURE DE CALCIUM ${ }^{\circ}$, OIGNONS, FOND DE BCEUF, POUDRE DE CHILI 'PIMENTS DE CHILI, CUMIN, SEL, AIL, ORIGAN ${ }^{\circ}$, AMIDON DE MAİS MODIFIÉ, SAUCE WORCESTERSHIRE VINAIGRE BLANC, MÉLASSE, SUCRE, EAU, SEL, OIGNONS, ANCHOIS, AIL, CLOU DE GIROFLE, EXTRAIT DE TAMARIN, SAVEURS NATURELLES, EXTRAIT DE PIMENT DE CHILIㅇ, SUCRE, AIL EN POUDRE, OIGNON EN POUDRE, SEL, ÉPICES. PÉPITES DE MAIIS RÔTI: MAÏS, HUILES DE CANOLA ET/OU DE CARTHAME A TENEUR OLÉIQUE ÉLEVÉE, TORTILLAS: FARINE BLANCHIE, EAU, HUILE DE SOYA HYDROGÉNEEE, GLYCÉRINE VEGETALE, SEL, MONO ET DIGLYCÉRIDES, GLUTEN DE BLÉ, PROPIONATE DE CALCIUM, BICARBONATE DE SODIUM, SUCRE, ACIDE FUMARIQUE, PHOSPHATE D'ALUMINIUM ET DE SODIUM, PYROPHOSPHATE ACIDE DE SODIUM, STEAROYL-2-LACTYLATE DE SODIUM, AMIDON DE MAİS, SORBATE DE POTASSIUM, LEVURE, CARBOXYMÉTHYLCELLULOSE, ENZYMES, MÉTABISULFITE DE SODIUM POUDRE DE BASE A BOISSON ORANGE: SUCRE, MALTODEXTRINE, ACIDE CITRIQUE, CITRATE DE SODIUM, SAVEURS NATURELLES ET ARTIFICIELLES, ACIDE ASCORBIQUE, ROUGE ALLURA, JAUNE SOLEIL FCF, PHOSPHATE MONOCALCIQUE, TARTINADE AU FROMAGE: FROMAGE CHEDDAR (LAIT, CULTURE BACTERRIENNE, SEL, ENZYME MICROBIEN), BEURRE, EAU, PHOSPHATE DE SODIUM, SEL, MONO ET DIGLYCÉRIDES, ACIDE LACTIQUE, COLOR, GOMMES XANTHANE, DE CAROUBE ET DE GUAR, CASÉINATE DE CALCIUM., TOOTSIE ROLLS : SUCRE, SIROP DE MAİS, HUILE DE PALME, LAIT ÉCRÉMÉ CONSENTRE, CACAO, LACTOSERUM, LÉCITHINE DE SOYA, ARÓMES ARTIFICIEL ET NATUREL.

CONTIENT: ANCHOIS, BLE, LAIT ET SOYA.

## Nutrition Facts <br> Valeur nutritive

Per Kit (437g) / Par Ensemble (437g)

| Amount \% Da <br> Teneur \% valeur quo | \% Dally Vaiue \% valeur quotidienne |
| :---: | :---: |
| Calories / Calories 1090 |  |
| Fat / Lipides 43 g | $66 \%$ |
| Saturated / saturés 13 g + Trans / trans 0 g | 65 \% |
| Cholesterol / Cholestérol 75 mg |  |
| Sodium / Sodium 1430 mg | 60\% |
| Carbohydrate / Glucides 153 g | 51\% |
| Fibre / Fibres 12 g | $48 \%$ |
| Sugars / Sucres 32 g |  |
| Protein / Protéines 33 g |  |
| Vitamin A / Vitamine A | 20 \% |
| Vitamin C / Vitamine C | 80\% |
| Calcium / Calcium | $30 \%$ |
| Iron / Fer | 40 \% |



## Vegetable Stew with Beef

INGREDIENTS: VEGETABLE STEW WITH BEEF: WATER, COOKED BEEF (BEEF, SALT), POTATOES, ONIONS, CARROTS, PEAS, CELERY, TOMATO PASTE, MODIFIED CORNSTARCH, NATURAL BEEF FLAVOUR (HYDROLYZED CORN, SOY AND WHEAT PROTEIN, YEAST EXTRACT, MALTODEXTRIN, BEEF EXTRACT, HYDROLYZED CORN GLUTEN, NATURAL FLAVOUR), WORCESTERSHIRE SAUCE (WHITE VINEGAR, MOLASSES, SUGAR, WATER, SALT, ONIONS, ANCHOVIES, GARLIC, CLOVES, TAMARIND EXTRACT, NATURAL FLAVOURS, CHILE PEPPER EXTRACT), ONION AND GARLIC POWDER, SALT, SPICES, CARAMEL,, RECOVERY TRAIL MIX WITH PRETZELS: PRETZELS (ENRICHED FLOUR, SUNFLOWER, CANOLA AND RICE OILS, SALT, MALT SYRUP, YEAST, SODIUM BICARBONATE), PEANUTS, ALMONDS, CASHEWS (PEANUT OIL), ALCOHOL, ZEIN, GLYCERIN, CITRIC ACID, BHA, BHT., FIG BARS : ENRICHED BLEACHED FLOUR (BLEACHED WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), SUGAR, HIGH FRUCTOSE CORN SYRUP, PALM OIL, CON SYRUP, FIGS ( PRESERVED WITH SULFUR DIOXIDE), DEXTROSE, CORN FLOUR, PREGELATINIZED CORN FLOUR, GLYCERINE, FLAKED CORN, WHOLE WHEAT FLOUR, CALCIUM CARBONATE, SALT, OATS, SODIUM BENZOATE AND POTASSIUM SORBATE AS PRESERVATIVES, NATURAL AND ARTIFICIAL FLAVOR, SODIUM BICARBONATE, SOY LECITHIN, CARAMEL COLOR, AMMONIUM BICARBONATE, CITRIC ACID., TORTILLAS: BLEACHED FLOUR, WATER, HYDROGENATED SOYBEAN OIL, VEGETABLE GLYCERINE, SALT, MONO AND DIGLYCERIDES, WHEAT GLUTEN, CALCIUM PROPIONATE, SODIUM BICARBONATE, SUGAR, FUMARIC ACID, SODIUM ALUMINUM SULPHATE, SODIUM ACID PYROPHOSPHATE, SODIUM STEARYOL-2-LACTYLATE, CORNSTARCH, POTASSIUM SORBATE, YEAST, CARBOXYMETHYL CELLULOSE, ENZYMES, SODIUM METABISULPHITE., BEVERAGE BASE POWDER ORANGE: SUGAR, MALTODEXTRIN, CITRIC ACID (PROVIDES TARTNESS), SODIUM CITRATE, NATURAL AND ARTIFICIAL FLAVORS, ASCORBIC ACID (VITAMIN C), RED 40 LAKE, YELLOW 6 LAKE, CALCIUM PHOSPHATE (PREVENTS CAKING)...TOOTSIE ROLL: SUGAR, CORN SYRUP, PALM OIL, CONCENTRATED SKIM MILK, COCOA, WHEY, SOY LECITHIN, ARTIFICIAL AND NATURAL FLAVORS,.

## CONTAINS:

ANCHOVIES, MILK, PEANUT, SOY, ALMONDS, BARLEY, CASHEWS, WHEAT.
INGRÉDIENTS : RAGOỐt dE LÉGumes au bceuf: EAU, BGEUF CUIT (BGEUF, SEL), POMMES DE TERRE, OIGNONS, CAROTTES, POIS, CEELERI, PÂTE DE TOMATES, AMIDON DE MAIS MODIFIÉ, SAVEUR NATURELLE DE BEEUF (PROTÉINES DE MAIS, DE SOYA ET DE BLÉ HYDROLYSÉES, EXTRAIT DE LEVURE, MALTODEXTRINE, EXTRAIT DE BGEUF, GLUTEN DE MAİS HYDROLYSE, SAVEUR NATURELLE), SAUCE WORCESTERSHIRE (VINAIGRE BLANC, MELLASSE, SUCRE, EAU, SEL, OIGNONS, ANCHOIS, AIL, CLOU DE GIROFLE, EXTRAIT DE TAMARIN, SAVEURS NATURELLES, EXTRAIT DE PIMENT DE CHILI), OIGNON ET AIL EN POUDRE, SEL, ÉPICES, CARAMEL., MÉLANGE DE RANDONNÉE AVEC BRETZELS POUR RÉCUPÉRATION : BRETZELS (FARINE ENRICHIE, HUILES DE TOURNESOL, DE CANOLA ET DE RIZ, SEL, SIROP DE MALT, LEVUURE, BICARBONATE DE SODIUM), ARACHIDES, AMANDES, NOIXDE CAJOU (HUILE D'ARACHIDES), ALCOOL, ZEIN, GLYCÉRINE, ACIDE CITRIQUE, BHA, BHT BARRES DE FIGUES : FARINE ENRICHIE BLANCHIE, SUCRE, GLUCOSE-FRUCTOSE, HUILE DE PALME, SIROP DE MAIS, FIGUES (DIOXYDE DE SOUFRE), DEXTROSE, FARINE DE MAIS, FARINE DE MAIS PREGELATINISEE, GLYCERINE, FLOCONS DE MAIS, FARINE DE BLE ENTIER, CARBONATE DE CALCIUM, SEL, AVOINE, BENZOATE DE SODIUM ET SORBATE DE POTASSIUM, SAVEURS NATURELLES ET ARTIFICIELLES, BICARBONATE DE SODIUM, LECITHINE DE SOYA, CARAMEL, BICARBONATE D'AMMONIUM, ACIDE CITRIQUE., TORTILLAS: FARINE BLANCHIE, EAU, HUILE DE SOYA HYDROGÉNEEE, GLYCÉRINE VEGGETALE, SEL, MONO ET DIGLYCÉRIDES, GLUTEN DE BLÉ, PROPIONATE DE CALCIUM, BICARBONATE DE SODIUM, SUCRE, ACIDE FUMARIQUE, PHOSPHATE D'ALUMINIUM ET DE SODIUM, PYROPHOSPHATE ACIDE DE SODIUM, STEAROYL-2-LACTYLATE DE SODIUM, AMIDON DE MAİS, SORBATE DE POTASSIUM, LEVURE, CARBOXYMÉTHYLCELLULOSE, ENZYMES, MÉTABISULFITE DE SODIUM., POUDRE DE BASE A BOISSON ORANGE: SUCRE, MALTODEXTRINE, ACIDE CITRIQUE, CITRATE DE SODIUM, SAVEURS NATURELLES ET ARTIFICIELLES, ACIDE ASCORBIQUE, ROUGE ALLURA, JAUNE SOLEIL FCF, PHOSPHATE MONOCALCIQUE., TOOTSIE ROLLS : SUCRE, SIROP DE MAIS, HUILE DE PALME, LAIT ÉCRÉMÉ CONSENTRÉ, CACAO, LACTOSÉRUM, LÉCITHINE DE SOYA, AROOMES ARTIFICIEL ET NATUREL.

CONTIENT:
ANCHOIS, LAIT, ARACHIDES SOYA, AMANDES, ORGE, NOIX DE CAJOU, BLÉ.

## Nutrition Facts Valeur nutritive

Per Kit (449g) / Par Ensemble (449g)

| Amount | \% Daily Value |
| :--- | ---: |
| Teneur | \% valeur quotidienne |

Calories / Calories 1030

| Fat / Lipides 32 g | $\mathbf{4 9} \%$ |
| :--- | :--- |
| Saturated / saturés 9 g <br> + Trans / trans 0 g | $\mathbf{4 5} \%$ |

Cholesterol / Cholestérol 20 mg
Sodium / Sodium $1430 \mathrm{mg} \quad \mathbf{6 0 \%}$
Carbohydrate / Glucides $164 \mathrm{~g} \mathrm{55} \mathrm{\%}$
Fibre / Fibres $9 \mathrm{~g} \quad \mathbf{3 6 \%}$

Sugars / Sucres 52 g

| Protein / Protéines 29 g |  |
| :--- | ---: |
| Vitamin A / Vitamine A | $2 \%$ |
| Vitamin C / Vitamine C | $80 \%$ |
| Calcium / Calcium | $20 \%$ |
| Iron / Fer | $50 \%$ |

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