Estimated Gallons Per Pound

	1 Gallon	1.5 Gallons	2 Gallons	5 Gallons	6 Gallons
This table includes estimates only, your application may vary					
WHOLE GRAINS: (lbs.)					
Cracked Red Wheat	5.83	8.75	11.66	29.15	35.00
Hard Red Wheat	7.50	11.25	15.00	37.50	45.00
Hard White Wheat	7.50	11.25	15.00	37.50	45.00
Pearled Barley	7.33	11.00	14.66	36.67	44.00
Whole Corn	7.50	11.25	15.00	37.50	45.00
Hulled Buckwheat	7.00	10.50	14.00	35.00	42.00
Flax	6.33	9.50	12.66	31.67	38.00
Long Grain White Rice	7.33	11.00	14.66	36.67	44.00
Long Grain Brown Rice	7.17	10.75	14.34	35.83	43.00
Par Boiled Rice	7.00	10.50	14.00	35.00	42.00
Rolled Oats	4.17	6.25	8.34	20.83	25.00
Oat Groats	7.00	10.50	14.00	35.00	42.00
Oat Bran (Fine)	5.00	7.50	10.00	25.00	30.00
Rye	7.00	10.50	14.00	35.00	42.00
9-Grain Cereal	6.33	9.50	12.66	31.67	38.00
Hulled Millet	7.17	10.75	14.34	35.83	43.00
FLOUR: (lbs.)					
Wheat Bran	2.50	3.75	5.00	12.50	15.00
All Purpose Flour	6.67	10.00	13.34	33.33	40.00
Cornmeal	6.67	10.00	13.34	33.33	40.00
BEANS: (lbs.)					
Beans	7.00	10.50	14.00	35.00	42.00
Anasazi	6.67	10.00	13.34	33.33	40.00
Black Turtle	7.00	10.50	14.00	35.00	42.00
Black Eye	6.33	9.50	12.66	31.67	38.00
Garbanzo	6.67	10.00	13.34	33.33	40.00
Great Northern	7.00	10.50	14.00	35.00	42.00
Green	1.67	2.50	3.33	8.33	10.00
Green Peas	6.67	10.00	13.34	33.33	40.00
Kidney	6.67	10.00	13.34	33.33	40.00
Lentils	7.17	10.75	14.34	35.83	43.00
Lima	7.17	10.75	14.34	35.83	43.00
Mung	7.50	11.25	15.00	37.50	45.00
Pink	6.83	10.25	13.66	34.17	41.00
Pinto	6.83	10.25	13.66	34.17	41.00
Refried	4.17	6.25	8.34	20.83	25.00
Small Red	6.83	10.25	13.66	34.17	41.00
Small White Navy	7.50	11.25	15.00	37.50	45.00
Soy	6.67	10.00	13.34	33.33	40.00
PASTA: (lbs.)					
Pasta - Macaroni	4.17	6.25	8.34	20.83	25.00
Pasta - Egg Noodles	2.67	4.00	5.34	13.33	16.00
Pasta - Spaghetti	5.83	8.75	11.66	29.17	35.00

Food Type	Shelf-Life (in sealed Mylar bag with oxygen absorbers)
Hard Whole Grains (Dry corn, buckwheat, hard red wheat, soft white wheat, kamut, durum wheat, spelt)	10+ years
Soft Whole Grains (Oats, quinoa, rye, barley)	8+ years
Professionally-Dehydrated Vegetables	10-20 years
Professionally-Dehydrated Fruits*	10-15 years
Home-Dehydrated Fruits and Veggies*	2-5 years
Freeze-Dried Fruits and Vegetables	25 years
Legumes (Beans, lentils, chickpeas, split peas)	25+ years
White Rice	10-30 years
Brown Rice	2-5 years
White Flour	10-15 years
Whole-Wheat Flour	10 years
Corn Meal	5-10 years
Potato Flakes	30 years
Pasta	20-30 years
Dry Non-Fat Milk	15 years
Cheese Powder	10-15 years
Powdered Eggs	5-10 years
Nuts **	1-5 years
Granola	1 year
Yeast	3-5 years
TVP	10-15 years
Baking Soda, Baking Powder	30 years
Sugar	Indefinitely
Honey	Indefinitely
Salt	Indefinitely