



# SNOWSTORM GUIDE

# 1

## PREPARE

- Insulate any water lines that run along exterior walls to **reduce the likelihood of freezing.**
- Make an **Emergency Plan:** Set a plan with your family to know how to contact one another and reconnect if separated.
- Keep an **Emergency Supply Kit** in your home and an Emergency Car Kit in your vehicle. 72HRS offers various Emergency Kits. Choose one that best suits your needs.
- Ensure you have **shovels and snow removal tools** ready.
- Have **light** sources readily available. Keep a flashlight in an easily accessible place in case of a power outage. Having at least one Hand-crank Flashlight in your house is a good idea as it does not rely on batteries.
- Have an **alternative heat source**, such as a fireplace, wood-burning stove, or a generator, to keep one room in your home warm and livable.

# 3

## AFTER

- Be cautious when clearing snow, take breaks, and avoid overexertion.
- Follow directions from **local authorities** and **first responder personnel.**
- Be mindful of wind chill and **avoid unnecessary exposure to cold.**
- If possible, **refrain from driving** until conditions improve.
- Avoid walking on ice-covered surfaces** to prevent injuries.
- Use the 'buddy system' if you need to leave your home.
- NEVER use a generator, BBQ, or propane inside an enclosed area.
- Follow official instructions during snow removal and clean up.

# 2

## DURING

- Pay attention to Environment Canada weather statements broadcasted by radio and television stations. Keep a **NOAA radio** in your emergency kit.
- Heat your home** correctly according to the manufacturer's instructions if using a wood stove, fireplace, or space heater.
- Leave water taps slightly open** to ensure pipes do not freeze and rupture.
- Watch for signs of **frostbite or hypothermia.**
- Bring companion **animals indoors** and create a comfortable place for other animals in severe winter weather.
- Wear proper clothing** and **stay dry.** Change wet clothing frequently to prevent a loss of body heat.

## IMPORTANT FACTS

- The best time to prepare for any disaster is before it happens.
- Be prepared to leave at a moment's notice.
- Turn Around, Don't Drown! Just six inches of moving water can knock you down.
- Avoid bridges and fast-moving water.

