

A Naturopathic Approach to a Healthy Digestive System

MH MICHAEL'S® HEALTH
NATUROPATHIC PROGRAMS
SINCE 1984

Digestive Enzymes™

Breakdown and absorption of the nutrients in our foods are both dependent on enzymatic transactions and are essential to health. The body utilizes different enzymes for various types of food components.

This formula contains digestive enzymes along with other supportive ingredients to help maximize the nutrient value obtained from food. The formula is a combination of plant and animal derived enzymes.

Pancreatin is one of the digestive secretions of the pancreas. It is a mixture of enzymes consisting of proteases (protein-digesting), amylase (starch-digesting) and lipase (fat digesting).

Amylase is an enzyme which works to break down carbohydrates, such as starches. One of the more potent digestive enzymes, amylase is found in both pancreatic secretions and in saliva.

Lipase is the enzyme that deals with the breakdown of fats in the digestive system.

Trypsin and **Chymotrypsin** are two pancreatic enzymes which aid in the breakdown of protein.

Papain and **Bromelain**, enzymes found in papaya fruit and pineapple respectively, play key roles in the digestion of protein.



Supplement Facts

Serving Size Three (3) Capsules

Amount Per Serving	% Daily Value
Pancreatin (4X USP***)	300 mg *
Amylase.....300 USP*** units per serving	
Lipase.....60 USP*** units per serving	
Protease.....300 USP*** units per serving	
Papain (from Papaya)	180 mg *
Anise Fruit (<i>Pimpinella anisum</i>)	150 mg *
Fennel Seed (<i>Foeniculum vulgare</i>)	150 mg *
Rutin	150 mg *
Bromelain (from Pineapple) (2400 GDU****/gm)	135 mg *
Trypsin (75 USP*** units/mg)	75 mg *
Amylase (<i>Aspergillus Oryzae</i>)	30 mg *
Lipase (<i>Rhizopus Oryzae</i>)	30 mg *
L-Chymotrypsin (75 USP*** units/mg)	3 mg *

*Daily Value not established.

OTHER INGREDIENTS: Gelatin, Microcrystalline Cellulose and Leucine.

***United States Pharmacopeia units of enzyme activity

****Gelatin Decomposition Units

CAUTION: KEEP OUT OF REACH OF CHILDREN. Not to be taken by pregnant or lactating women.

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These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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Paraherbs™

This is a traveler's companion when going abroad. It is the ideal product to take with you for its intestinal benefits.

Providing specialized support for the integrity and cleansing of the intestines, this formula is a distinctive and effective all-herbal blend.

Butternut and **Black Walnut** tonify the intestinal lining thereby supporting the immune system and healthy gut flora.

The formula contains an array of herbs to help to cleanse the intestinal tract: **Papaya Seeds • Garlic • Black Walnut • Clove • Pau d'Arco • Pumpkin.**

Papaya Seeds are used widely in tropical countries for detoxification.

The fibers (both soluble and insoluble) present in all of these herbs help to move waste through the intestines by supporting peristaltic motion.

Butternut in particular acts to physically sweep the intestines. It also contains tannins that help to tonify the intestines.



Supplement Facts

Serving Size **Four (4) Veggie Capsules**

Amount Per Serving % Daily Value*

Proprietary Blend 2.6 g (2620 mg) *

†Black Walnut Hull (*Juglans nigra*), Garlic Bulb (Powder Concentrate) (*Allium sativum*), Papaya Seed (*Carica papaya*), Pau d'Arco Bark (*Tabebuia impetiginosa*), Pumpkin Seed (*Cucurbita pepo*), †Butternut Root Bark (*Juglans cinerea*), Clove (Flower Bud) (*Caryophyllus aromaticus*), Wood Betony (Herb) (*Stachys officinalis*) and Epazote (Whole Herb) (*Chenopodium ambrosioides* var. *anthelminticum*)

*Daily Value not established.

OTHER INGREDIENTS: Hypromellose (capsule), Microcrystalline Cellulose and Leucine.

†Contains tree nuts (Black Walnut and Butternut).

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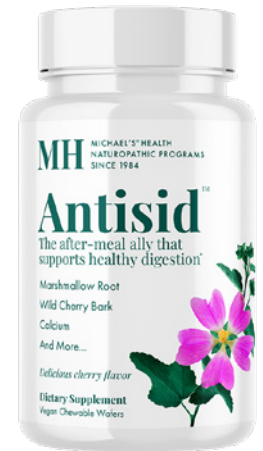
Antisid™

These chewable wafers have a delicious wild cherry flavor.

The blend of ingredients is formulated with **Calcium**, well known as a buffering agent or acid neutralizer.

A blend of herbs all known for their support for gastric and digestive processes:

Cabbage Powder
Marshmallow Root
Slippery Elm
Fennel Seed
Licorice Root
Okra Fruit



Supplement Facts

Serving Size **Three (3) Chewable Wafers**

Amount Per Serving

Calories 21

% Daily Value**

Total Fat <1g <1

Saturated Fat <1g <1

Sodium 2.8 mg 0.12%

Total Carbohydrates 4.3g 1.6%

Dietary Fiber <1g <1

Sugars <1g **

Protein <1g <1

Calcium (as Calcium Carbonate) 120 mg 9%

Proprietary Blend 3.2 g (3174 mg) **

Cabbage Powder (Leaf) (*Brassica oleracea* var. *capitata*), Marshmallow Root (*Althaea officinalis*), Slippery Elm Bark (*Ulmus fulva*), Fennel Seed (*Foeniculum vulgare*), Licorice Root (*Glycyrrhiza glabra*), Okra fruit (*Abelmoschus esculentus*) and Wild Cherry Bark (*Prunus serotina*)

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**Daily Value not established.

OTHER INGREDIENTS: Fructose, Stearic Acid, Natural Cherry Flavor, Vegetable Magnesium Stearate and Silicon Dioxide.

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