## INGTAVLLATION

ROLLER MOUNT TRACK

## PROMOUNTINGS RECOMMENDS 2 PEOPLE FOR INSTALLATION



STEP 1: DETERMINE YOUR CEILING JOIST SPACING AND LOCATE THE CENTER OF A JOIST.

STEP 2: USING THE ROLLER TRACK, HOLD UP TO THE CEILING JOIST AND TRACE THE OVAL HOLES ONTO THE JOIST.

STEM 3: DRILL 5/16" PILOT HOLES INTO THE CENTER OF EACH MARKED JOIST.

STEP 4: THREAD THE PROVIDED LAG BOLTS INTO EACH HOLE ABOUT 1" DEEP.


## INGTAVLLATITN

## ROLLER MOUNT TRACK



STEP 5: HOLD THE ROLLER TRACK UP AND SCREW IN EACH LAG BOLTS WITH WASHERS. TIGHTEN ALL THE LAG BOLTS TIGHT.


## INGTALLLATITN

ROLLER MOUNT TRACK

## PROMOUNTINGS RECOMMENDS 2 PEOPLE FOR INSTALLATION

5/6 " FLANGED LOCKNUT

ROLLER TRACK STOP

## 5/16-1" <br> FLANGED HEAD CAP SCREW

