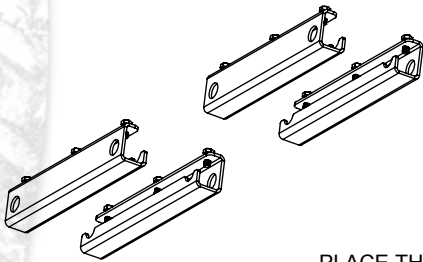




INSTALLATION

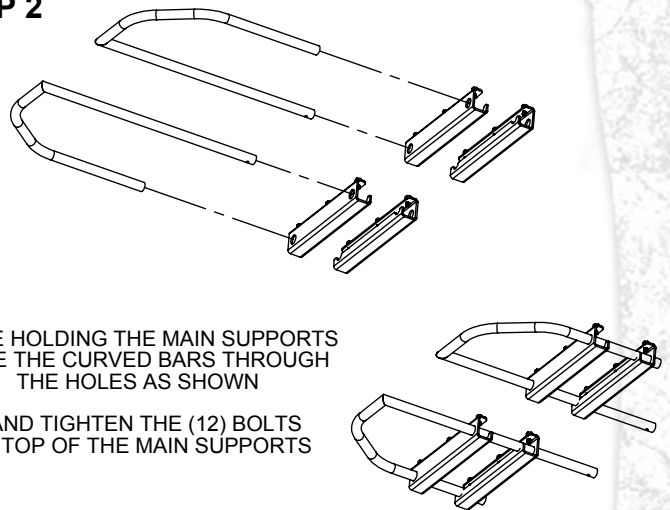
5-GRIP PULL UP BAR - PB-200

STEP 1



PLACE THE PULL UP BAR
MAIN SUPPORTS ON EACH
SIDE OF THE I-BEAM

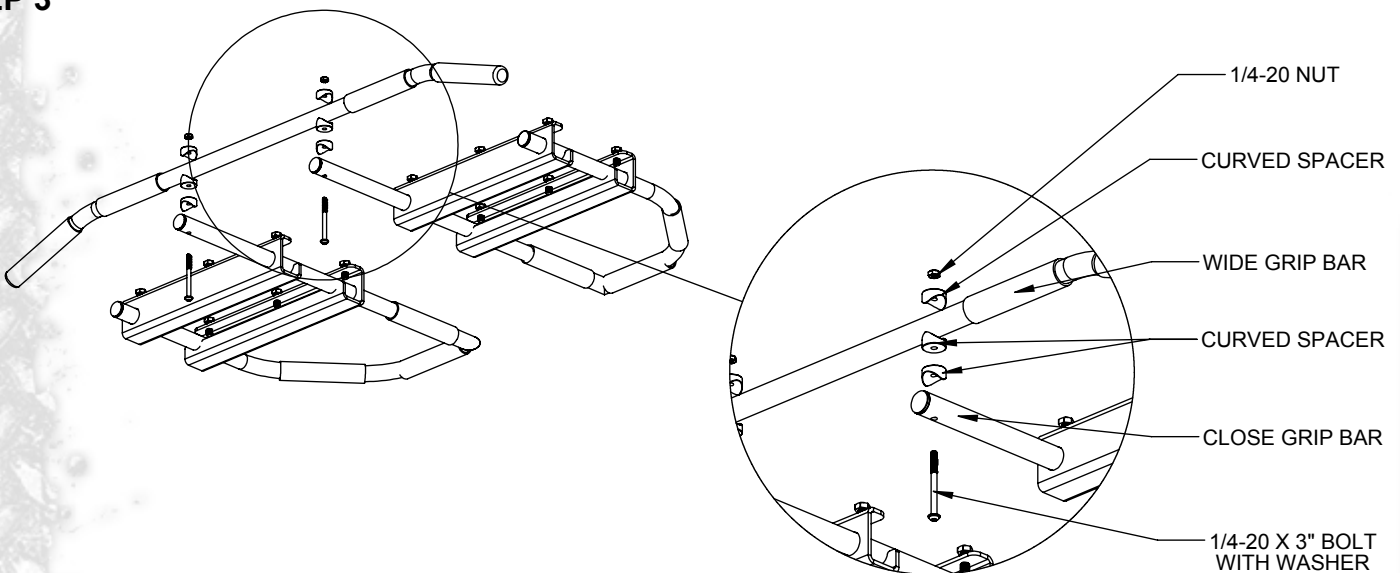
STEP 2



WHILE HOLDING THE MAIN SUPPORTS
SLIDE THE CURVED BARS THROUGH
THE HOLES AS SHOWN

HAND TIGHTEN THE (12) BOLTS
ON TOP OF THE MAIN SUPPORTS

STEP 3

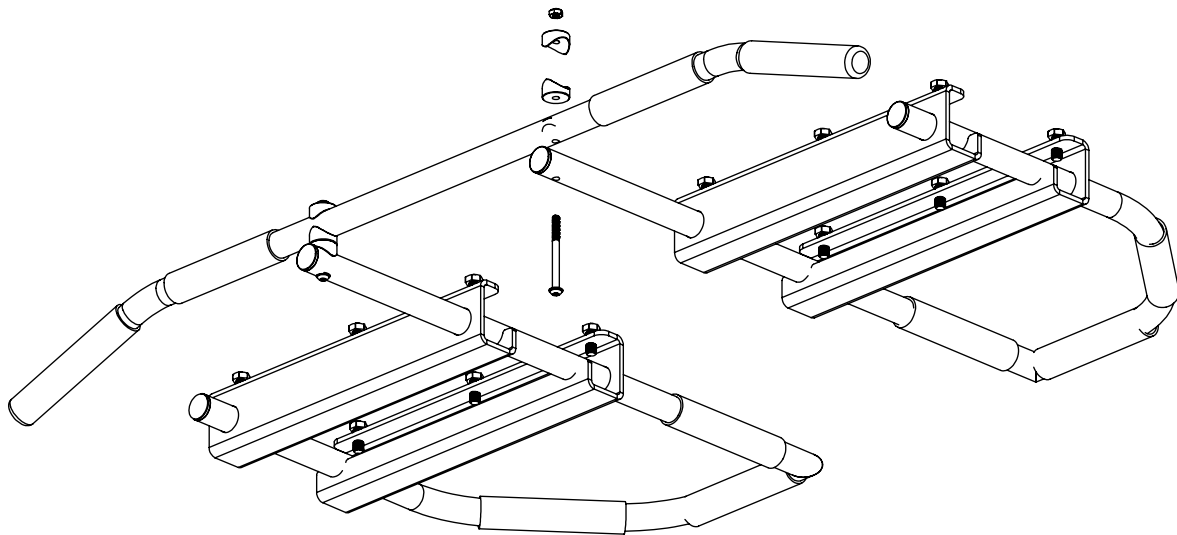




INSTALLATION

5-GRIP PULL UP BAR - PB-200

STEP 4



CHECK TO MAKE SURE EVERYTHING IS SQUARE

TIGHTEN ALL BOLTS A LITTLE AT A TIME, WHILE CHECKING EVERYTHING STAYS SQUARE.

