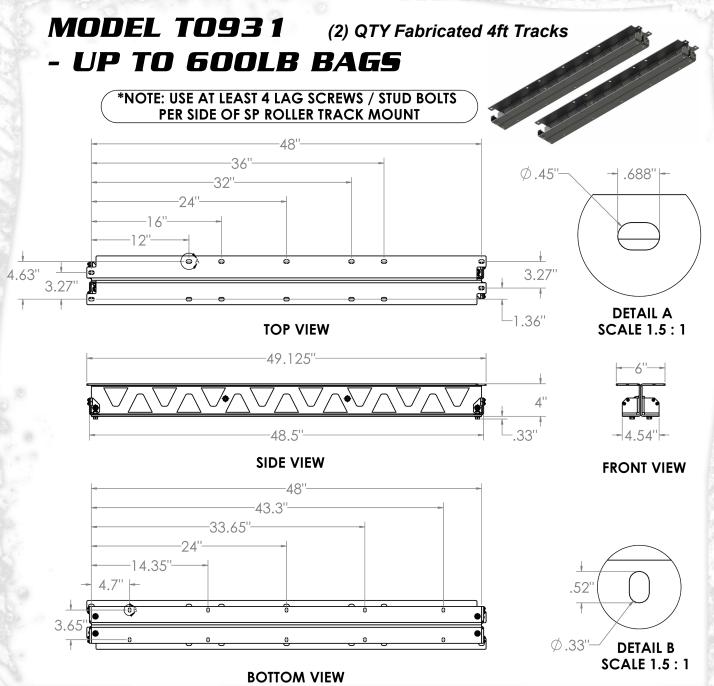


## SPRING PLUNGER MOUNTINGS.com ROLLER MOUNT COMBO TRACK SYSTEM







### SPRING PLUNGER ROLLER MOUNT COMBO TRACK SYSTEM

## MODEL TO931 - UP TO 600LB BAGS



Drill holes into concrete ceilings or floor joists with dimensions provided in the Installation Drawings.

#### For Floor Joists:

- Position SP Roller Track Mount.
- 3. Use socket wrench or similar tool to initially lag the screws in.
- 4. Tighten all screws.

### For Concrete Ceilings:

- 2. Hammer in concrete stud bolts into holes.
- 3. Place SP Roller Track Mount into the Concrete stud bolts.
- Affix washers into stud bolts.
- Fasten hex nuts onto stud bolts using a wrench or a similar tool.

### **PRODUCT DETAILS**

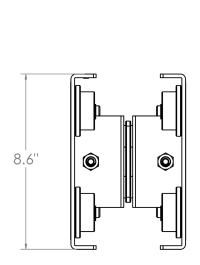
- (2) QTY Fabricated 4ft Tracks from 3/16" steel for superior strength. (with slots for lighter weight)
- Pre-Fabricated holes on bottom for the spring plunger inserts.
- Can be mounted to open ceiling joists, drywall, concrete, or uni-strut.
- Special interlocking ends allow for addition of move Rail Sections.
- 10 Gauge Steel for lighter weight.
- 600lbs weight capacity per 4 Foot section.
- Mounting hardware included.
- Durable Black Powder Coated Finish.
- Made in the USA.



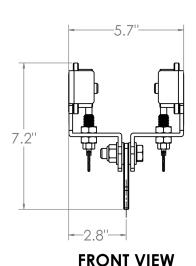


# SPRING PLUNGER NGS.COM ROLLER MOUNT COMBO TRACK SYSTEM

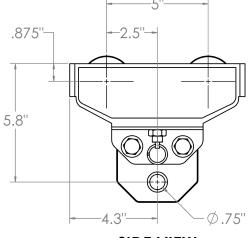
### - UP TO 260LB BAGS



**TOP VIEW** 







**SIDE VIEW** 





### SPRING PLUNGER ROLLER MOUNT COMBO TRACK SYSTEM

### - UP TO 260LB BAGS



- (1) QTY Spring Plunger Roller Mount.
- Exclusively designed for our SP-Track.
- For Heavy Bags up to 260 lbs.
- Stainless Steel Spring Plungers to be able to move the bag from the ground with high ceilings.
- Custom Pull Cradle for even pulling.
- Premium Double OT Clamps and Rope ends with double braided Nylon Pull Rope.
- Great for commercial gym installations.
- Grade 5 Hardware.
- UHMW Wheels for slick sliding.
- Fabricated from 3/16" steel and powder coated for durable lasting finish.
- All mounting hardware included.
- Optional Strap with Hex Plate and Delta Link Connection available as an accessory to reduce metal on metal.
- Made in USA.





## SPRING PLUNGER NGS.COM ROLLER MOUNT COMBO TRACK SYSTEM

- UP TO 260LB BAGS



### MOUNTING INSTRUCTIONS

- Position Roller Track Stopper on one end of SP Roller Track Mount.
- 2. Insert and fasten hex nuts onto stud bolts using a wrench or a similar tool.
- Insert Spring Plunger Roller Mount into SP Roller Track Mount.
- Position Roller Track Stopper on the other end of SP Roller Track Mount.
- 5. Insert and fasten hex nuts onto stud bolts using a wrench or a similar tool.



