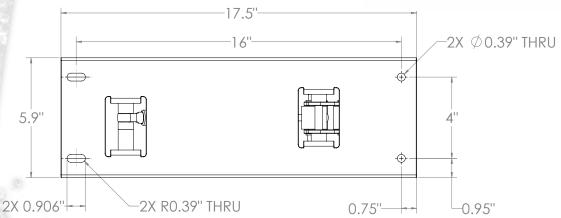


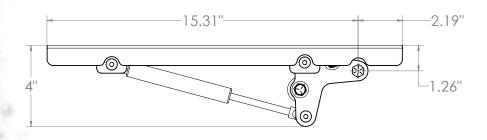
## DATA SHEET CM-1000G5 CEILING MOUNT

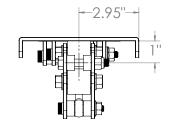
## MODEL CM-1000G5 - UP TO 130LB BAGS





**TOP VIEW** 





**FRONT VIEW** 

**SIDE VIEW** 





# DATA SHEET CM-1000GS CEILING MOUNT



### PRODUCT DETAILS

- Equipped with Gas Springs to dampen vibration.
- For Heavy Bags 70 lbs to 130 lbs
- Fabricated from 3/16" steel for superior strength.
- Every Ceiling Mount is assembled to a specific bag weight +/- 10lbs.
- Gas shock can be changed to accommodate different bags.
- Easily attaches to open joists, drywall, concrete, and Unistrut.
- Black Textured Powder Coating for Durable Lasting Finish.
- Installs in minutes.
- All mounting hardware included.
- Does not include the swivel or Extensions.
- Made in USA.





# DATA SHEET CM-1000GS CEILING MOUNT

## MODEL CM-1000G5 - UP TO 130LB BAG5

### **MOUNTING INSTRUCTIONS**

 Drill holes into concrete ceilings or floor joists with dimensions provided in the Installation Drawings.

## For Concrete Ceilings:

- Hammer in concrete stud bolts into holes.
- 3. Place 1000GS Ceiling Mount into the Concrete stud bolts.
- 4. Affix washers into stud bolts.
- Fasten hex nuts onto stud bolts using a wrench or a similar tool.

## For Floor Joists:

- 2. Position 1000GS Ceiling Mount.
- 3. Use socket wrench or similar tool to initially lag the screws in.
- 4. Tighten all screws.



