



WRIST MEASURING TOOL

IMPORTANT:
This page should be printed
at 100% size. Do not resize or
scale to fit.

*These measurements should
be to scale.*

0 1cm 2cm

1

Print this page at 100%, take to the scissors and cut out the size guide wristband below. Make a cut along the designated line.

2

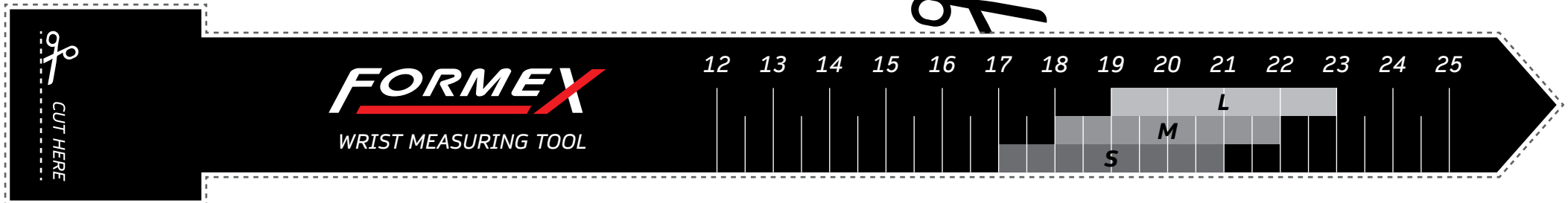
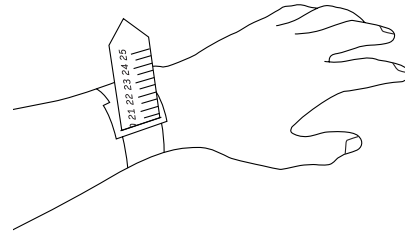
Pull the pointed end of the wrist band through the cut. Now put your hand through the size band and tighten until you have a snug fit.

3

Read the number that lines up with the cut.

4

Et voilà, you just found out how long your strap should be.



S - SMALL Strap fits wrists: 17 to 21cm
M - MEDIUM Strap fits wrists: 18 to 22cm
L - LARGE Strap fits wrists: 19 to 23cm