

Background:

The health benefits of omega-3 fats are well documented in the scientific literature. Numerous studies demonstrate the benefits of the omega-3 fats, EPA and DHA. DHA is important for the structure and function of cell membranes particularly those of the nervous system.* DHA is critical for normal, healthy brain structure and function.* EPA is found in small amounts in the brain, but is required for numerous regulatory functions throughout the body. EPA helps support a healthy inflammatory response and optimal cardiovascular function.* Cardiovascular benefits of omega-3's include the ability to support a normal, healthy heartbeat, normal blood clotting as well as healthy blood triglyceride levels.*

Features:

- Contains 180 mg of eicosapentaenoic acid (**EPA**), and 120 mg of docosahexaenoic acid (**DHA**).
- Fish oil is molecularly distilled to remove potential toxins.
- Sourced from deep sea sardines and anchovies.
- Fish oil complies with strict European standards for heavy metals, PCB's, dioxins, pesticides and other unwanted compounds.

Benefits:

- Convenient and easy way to get important omega-3 fatty acids.
- Numerous studies demonstrate the powerful cardiovascular benefits of omega-3 fats, particularly EPA.*
- EPA has the potential to regulate the production of prostaglandins that have a beneficial effect on inflammatory processes in the body.*
- EPA helps support normal, healthy blood circulation by helping to regulate blood clotting processes.*
- EPA helps support normal, healthy cholesterol and triglyceride metabolism.*
- DHA is essential for normal fetal and infant brain development, and supports normal, healthy brain function and vision throughout life.*
- DHA supports the structure of cell membranes, particularly those of nerve cells. The structure of the nerve cell membrane is critical to healthy nervous system function, particularly that of the brain.*

*These statements have not been evaluated by The Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

For Reliance employees and retailer training purposes only. Please do not distribute to consumers.