

SLIM'S

HEALTHY KITCHEN

LIGHT BITES

HOT HONEY HALLOUMI (V) // £5

Sliced halloumi, honey, chilli

YAKITORI CHICKEN SKEWERS // £6

Chicken thigh, sticky yakitori glaze with black sesame, lime

PRAWN TACOS // £7.5

Miso honey marinated prawns, slaw, pickled red onions, coriander, lime

HOT WINGS // £7

Bone in wings, Franks Hot Sauce

PERI PERI CHICKEN

FLATBREAD // £7

Peri peri chicken, peppers, red onion, mozzarella, tomato sauce

GOATS CHEESE FLATBREAD (V) // £7

Goats cheese, caramelised red onion, rocket, bechamel

MAINS

STEAK WRAP // £14

6oz grass-fed Irish rump, grilled halloumi, rocket, red onion, chilli mayo + side

KOREAN NOODLE BOWL // £11

Sticky Korean-style sauce, noodles, peppers, carrot, sesame // Butterfly Chicken // Steak + £3

PERI PERI CHICKEN // £10

Marinated quarter chicken on the bone, spicy rice, charred corn ribs, homemade peri peri sauce

GRILL

TURKEY BURGER // £9

Irish turkey, avocado, red onion, chilli mayo
Add side +£3

Double burger + £4

CHICKEN BURGER // £8

Grilled butterfly chicken breast, Thai green mayo, chilli, rocket
Add side + £3
Double burger + £4

BEEF BURGER // £10

Irish grass-fed beef, gem, tomato, burger sauce
Add side + £3
Double burger + £3.5

BEYOND BURGER (VG) // £11

Gem, tomato, burger sauce
Add side + £3

CHICKEN // £11

Butterflied chicken breast, side + sauce

STEAK // £14

6oz grass-fed Irish rump, side + sauce

SAUCES

CHILLI MAYO (V) // GARLIC AIOLI (V)
SATAY (VG) // KATSU (VG) // PERI PERI (VG)
THAI GREEN MAYO // YAKITORI (VG) //
CHIPOTLE VINAIGRETTE (VG)

BOWLS / BURRITOS

SATAY // £9

Homemade satay sauce, fragrant brown rice, toasted sesame peanut crunch // Butterfly Chicken // Crispy tofu (VG)

KATSU // £9

Homemade aromatic katsu sauce, sticky white rice, ginger and chilli broccoli // Panko butterfly chicken // Panko portobello mushroom (VG)

CHICKEN TACO // £10

Grilled chicken, fragrant brown rice, feta, gem, pickled red onions, pimento peppers, tortilla chips, chipotle vinaigrette, charred corn ribs

FOR A BURRITO

Choose from a white or wholemeal wrap.

SALADS

GOATS CHEESE (V) // £8

Goats cheese, beetroot, spinach, candied walnuts, pesto

SUPER FOOD (VG) // £11

Spinach, broccoli, peas, cucumber, avocado, quinoa, pomegranate, toasted seeds, salsa verde.

CAESAR // £8

Baby gem, bacon, croutons, shaved parmesan, homemade caesar dressing

ADD CHICKEN + £4

SIDES

BOMBAY POTATOES (V)

Crispy curried potatoes, scallion, crispy shallots, sea salt, sambal yogurt

ASIAN GREENS (VG)

Green vegetables, sesame

YAKITORI CORN RIBS (VG)

Yakitori, black sesame

FRAGRANT RICE (VG)

Brown rice, coriander, lime

STICKY RICE (VG)

SKIN ON FRIES (VG)

SWEET POTATO FRIES (VG)

If you have a food allergy, intolerance, or coeliac disease – please speak to the staff about the ingredients in your food and drink before you order

SLIM'S

HEALTHY KITCHEN

BRUNCH

- (SERVED DAILY UNTIL 3PM)
- HEALTHY BREAKFAST // £10**
Poached egg, Irish thick cut pork bacon, beef sausages, oven roasted herb tomato and mushroom with sourdough bread
 - VEGGIE BREAKFAST (V) // £9**
Poached egg, halloumi, avocado, seeds, mushroom, tomato, crispy kale, sourdough.
 - AVOCADO TOAST (V) // £8.5**
Sourdough, poached eggs, smashed avocado, feta, dukka, harissa hummus

SHAKES

- AÇAÍ // £6**
Açaí sorbet, blueberry, banana, pineapple, mango, agave, coconut milk
- RED // £6**
Strawberry, raspberry, pineapple, apple, lemon, banana, mango
- GREEN // £6**
Kale, cucumber, celery, spinach, kiwi, mint, lemon, apple
- MANGO & PASSIONFRUIT // £6**
Mango, passionfruit, pineapple, frozen yogurt
- WATERMELON // £6.5**
Watermelon, strawberry, raspberry, strawberry whey, frozen yogurt
- PEANUT BUTTER // £6.5**
Peanut butter, banana, banana whey, agave, almond milk
- COFFEE // £6.5**
Espresso, porridge oats, chocolate whey, agave, oat milk

JUICES

- WATERMELON & OJ // £4**
- MATCHA & APPLE COOLER // £4**
- BERRY & BASIL COOLER // £4**
- STRAIGHT UP JUICE // £2.5**
Apple // OJ // Pineapple

WINTER OATS (V) // £7.5

Raspberries, blackberries, berry compote, chia seeds, coconut flakes, linseed, matcha, almond milk
// Nut Butter £1
// Honey £1

BREAKFAST WRAP // £7

Poached eggs, Irish pork bacon, roast red peppers, onion and fresh chilli on either a wholemeal or white tortilla

BREAKFAST TACOS // £8

Scrambled eggs, smashed avocado, Irish pork bacon, pico de gallo, black bean rayu.

EGGS ON TOAST (V) // £6

Eggs your way with sourdough toast

EXTRAS

- Bacon Rashers // £2.5
- Sausage // £1.25
- Halloumi // £3.5
- Sourdough Toast // £2
- Smashed Avo // £2.5
- Mushroom // £2
- Egg // £1.5

COFFEE

ESPRESSO // £2.9

AMERICANO // £3.1

FLAT WHITE // £3.2

LATTE // £3.3

CAPPUCCINO // £3.3

ICED LATTE // £3.5

NOT COFFEE

EVERYDAY BREW TEA // £2.5

FLAVOURED TEA // £2.9

Green, Peppermint, Earl Grey, Chamomile, Chai

MATCHA LATTE // £3.8

CHAI LATTE // £3.8

ALTERNATIVE MILKS +50P

- // OAT
- // ALMOND
- // COCONUT

ALCOHOL

LA PALMA SAUVIGNON BLANC, CHILE // £5.95

BAREFOOT MERLOT, USA // £5.95

PERONI // £4.5

SOFT DRINKS

COKE

DIET COKE // £2.3

COKE ZERO // £2.3

SPRITE // £2.3

FANTA // £2.3

SAN PELLEGRINO CAN // £2.6

KOMBUCHA CAN // £3

BOTTLED WATER // £2.3

SPARKLING WATER // £2.3

HEALTHY MADE HAPPINESS