

# SLIMs

## HEALTHY KITCHEN

### LIGHT BITES

**HOT HONEY HALLOUMI (V) // £6**  
Sliced halloumi, honey, chilli

**YAKITORI CHICKEN SKEWERS // £7**  
Chicken thigh, sticky yakitori glaze with black sesame, lime

**PRAWN TACOS // £7.5**  
Miso honey marinated prawns, slaw, pickled red onions, coriander, lime

**HOT WINGS // £7.5**  
Bone in wings, Franks Hot Sauce

**PERI PERI CHICKEN  
FLATBREAD // £7**  
Peri peri chicken, peppers, red onion, mozzarella, tomato sauce

**GOATS CHEESE FLATBREAD (V) // £7**  
Goats cheese, caramelised red onion, rocket, bechamel

### SAUCES £1

CHILLI MAYO (V) // GARLIC AIOLI (V)  
SATAY (VG) // KATSU (VG) // PERI PERI (VG)  
THAI GREEN MAYO (V) // YAKITORI (VG) //  
CHIPOTLE VINAIGRETTE (VG)

### GRILL

**TURKEY BURGER // £11**  
Irish turkey, avocado, red onion, chilli mayo  
Add side + £3.5  
Double burger + £4

**CHICKEN BURGER // £10**  
Grilled butterfly chicken breast, Thai green mayo, chilli, rocket  
Add side + £3.5  
Double burger + £4

**BEEF BURGER // £11**  
Irish grass-fed beef, gem, tomato, burger sauce  
Add side + £3.5  
Double burger + £3.5

**BEYOND BURGER (VG) // £11**  
Gem, tomato, burger sauce  
Add side + £3.5

**CHICKEN // £11**  
Butterflied chicken breast, side + sauce

**STEAK // £14**  
6oz grass-fed Irish rump, side + sauce

### BOWLS / BURRITOS

**SATAY // £11**  
Homemade satay sauce, fragrant brown rice, toasted sesame peanut crunch  
// Butterfly Chicken  
// Crispy tofu (VG)

**KATSU // £11**  
Homemade aromatic katsu sauce, sticky white rice, ginger and chilli broccoli  
// Panko butterfly chicken  
// Panko portobello mushroom (VG)

**CHICKEN TACO // £11**  
Grilled chicken, fragrant brown rice, feta, gem, pickled red onions, pimento peppers, tortilla chips, chipotle vinaigrette, charred corn ribs

**FOR A BURRITO**  
Choose from a white or wholemeal wrap

**GOATS CHEESE (V) // £8**  
Goats cheese, beetroot, spinach, candied walnuts, pesto

**SUPER FOOD (VG) // £11**  
Spinach, broccoli, peas, cucumber, avocado, quinoa, pomegranate, toasted seeds, salsa verde

**CAESAR // £8**  
Baby gem, bacon, croutons, shaved parmesan, homemade caesar dressing

**ADD CHICKEN + £4**

### MAINS

**THAI GREEN CURRY // £10**  
Home made aromatic Thai green curry sauce, sugar snap, baby corn, courgette, basil, sticky rice  
// Butterfly Chicken + £1  
// Sweet Potato (VG)

**KOREAN NOODLE BOWL // £11**  
Sticky Korean-style sauce, noodles, peppers, carrot, sesame  
// Butterfly Chicken  
// Steak + £3

**HONEY CHILLI SALMON BOWL // £14**  
Sourced from M Wright & Sons, pan seared in honey and served with crunchy greens and wild rice

**CHICKEN NOODLE BOWL // £11**  
Chicken breast, tenderstem broccoli, pak choi, tenderstem broccoli, sesame and ginger dressing.

### WRAPS

**STEAK WRAP // £14**  
6oz grass-fed Irish rump, grilled halloumi, rocket, red onion, chilli mayo

**CHICKEN CAESAR WRAP // £9**  
Grilled chicken breast, sourdough croutons, cos lettuce, homemade caesar dressing, parmesan

**STICKY HALLOUMI WRAP (V) // £8**  
Sticky halloumi, mushroom, tomato chilli jam, pickled red onion, green onion slaw

If you have a food allergy, intolerance, or coeliac disease – please speak to the staff about the ingredients in your food and drink before you order

(VG) Vegan (V) Vegetarian

### SIDES

**BOMBAY POTATOES (V)**  
Crispy curried potatoes, scallion, crispy shallots, sea salt, sambal yogurt

**ASIAN GREENS (VG)**  
Green vegetables, sesame

**YAKITORI CORN RIBS (VG)**  
Yakitori, black sesame

**FRAGRANT RICE (VG)**  
Brown rice, coriander, lime

**STICKY RICE (VG)**

**FRIES (VG)**

**SWEET POTATO FRIES (VG)**

# SLIM.S

## HEALTHY KITCHEN

### BRUNCH

(SERVED DAILY UNTIL 3PM)

#### HEALTHY BREAKFAST // £10

Poached egg, Irish thick cut pork bacon, beef sausages, oven roasted herb tomato and mushroom with sourdough bread

#### VEGGIE BREAKFAST (V) // £10

Poached egg, halloumi, avocado, seeds, mushroom, tomato, crispy kale, sourdough

#### AVOCADO TOAST (V) // £8.5

Sourdough, poached eggs, smashed avocado, feta, dukka, harissa hummus  
Add bacon or halloumi + £1.5

#### OATS (V) // £7.5

Raspberries, blackberries, berry compote, chia seeds, coconut flakes, linseed, matcha, almond milk  
// Nut Butter £1  
// Honey £1

#### BREAKFAST WRAP // £7

Poached eggs, Irish pork bacon, roast red peppers, onion and fresh chilli on either a wholemeal or white tortilla

#### BREAKFAST BAP // £7

Breakfast bap with fried egg, avocado and chilli jam and a choice of bacon, sausage or halloumi

#### BREAKFAST TACOS // £8

Scrambled eggs, smashed avocado, Irish pork bacon, pico de gallo, black bean rayu

#### EGGS ON TOAST (V) // £6

Eggs your way with sourdough toast

#### EXTRAS

Bacon Rashers // £1.5

Sausage // £1.5

Halloumi // £3.5

Sourdough Toast // £2

Smashed Avocado // £2.5

Mushroom // £1.5

Egg // £1.5

### SHAKES

#### AÇAÍ // £6

Açaí sorbet, blueberry, banana, pineapple, mango, agave, coconut milk

#### RED // £6

Strawberry, raspberry, pineapple, apple, lemon, banana, mango

#### GREEN // £6

Kale, cucumber, celery, spinach, kiwi, mint, lemon, apple

#### MANGO & PASSIONFRUIT // £6

Mango, passionfruit, pineapple, frozen yogurt

#### WATERMELON // £6.5

Watermelon, strawberry, raspberry, strawberry whey, frozen yogurt

#### PEANUT BUTTER // £6.5

Peanut butter, banana, banana whey, agave, almond milk

#### COFFEE // £6.5

Espresso, porridge oats, chocolate whey, agave, oat milk

#### BOOSTER // £6

Berocca, banana, peach, avocado, pineapple, orange.

### JUICES

#### WATERMELON & OJ // £4

#### MATCHA & APPLE COOLER // £4

#### BERRY & BASIL COOLER // £4

#### STRAIGHT UP JUICE

Freshly squeezed OJ // £3.5

Apple // £2.5

Pineapple // £2.5

### COFFEE

#### ESPRESSO // £2.9

#### AMERICANO // £3.1

#### FLAT WHITE // £3.4

#### LATTE // £3.4

#### CAPPUCCINO // £3.4

#### ICED LATTE // £3.5

### NOT COFFEE

#### EVERYDAY BREW TEA // £2.5

#### FLAVOURED TEA // £2.9

Green, Peppermint, Earl Grey, Chamomile, Chai

#### MATCHA LATTE // £3.8

#### CHAI LATTE // £3.8

#### ALTERNATIVE MILKS +50P

// OAT

// ALMOND

// COCONUT

### ALCOHOL

#### SANTA GLORIA SAUVIGNON BLANC // £5.95

#### SANTA GLORIA MERLOT // £5.95

#### PERONI // £4.5

#### CORONA // £4.5

### SOFT DRINKS

#### COKE

#### DIET COKE

#### COKE ZERO

#### SPRITE

#### FANTA

#### STILL WATER

#### SPARKLING WATER

HEALTHY MADE  
HAPPINESS