



NAANDWECHIGE-GAMIG

WIKWEMIKONG HEALTH CENTRE

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July 13, 2020

Aanii,

Today the Ontario Premier Doug Ford announced that on Friday, July 17th, 12:01am, 24 public health regions in the province will be entering Stage 3 in the re-opening of businesses & services.

Our health region, Public Health Sudbury & Districts (which includes Manitoulin Island) is one of the 24 on the list permitted to enter Stage 3 this week.

What that encompasses is:

- new limits to allow up to 100 people outdoors and up to 50 people indoors (*public gathering limits apply to indoor and outdoor events: ie; community events or gatherings, concerts, live shows, festivals, conferences, sports and recreational fitness activities, fundraisers, fairs, festivals or open houses*) **A two metre distance must still be maintained at such events.**

The types of businesses/services permitted to re-open in Stage 3 include:

- Dine-in restaurants
- Bars
- Gyms/Fitness centres
- Casinos
- Most personal care services
- Live shows
- Performing arts/movie theatres
- Recreational facilities
- Team sports
- Live sporting events
- Tour and guide services
- Fitness centres

Even with some regions permitted to move into Stage 3, there are still some types of businesses/services NOT permitted to open due to the likelihood of large crowds congregating, difficulties with physical distancing, or challenges maintaining the proper cleaning and sanitation required to prevent the spread of COVID-19.

Examples of types of businesses/services in regions of Stage 3, that are NOT permitted to open include:

- Amusement parks and water parks
- Buffet-style food services
- Dancing at restaurants and bars, other than by performers hired by the establishment following specific requirements
- Overnight stays at camps for children
- Private karaoke rooms
- Prolonged or deliberate contact while playing sports
- Saunas, steam rooms, bath houses and oxygen bars
- Table games at casinos and gaming establishments

VISION: Wholistic well-being of the community

MISSION: To provide access of all opportunities of traditional and western health care to the community

Naandwechige-Gamig Wikwemikong Health Centre Health Director, Mary Jo Wabano, says that with more businesses entering into the next stage of re-opening within the Sudbury/Manitoulin districts, there is more emphasis on our community members to practice all the health and safety guidelines of lessening exposure and spreading of the virus.

“We all have to remember that even though more and more businesses are re-opening province-wide, including our region of Manitoulin-Sudbury, the virus is still out there. Our community leadership and programs have worked hard to help ensure our citizens have the information and personal protective equipment to help keep the virus away. We urge everyone to continue to take the precautions to keep ourselves, family and community Covid free.”

A major component of this stage, as has been with Stage 2, is the continued monitoring of cases within all regions moving to Stage 3. Provincial health officials say this will help government make decisions on whether more loosening of restrictions can occur within Stage 3 regions or if more regions can also move into Stage 3. Monitoring will also determine if restrictions need to be tightened again.

“What happens in Ontario and within our public health region will impact what may happen here within Wiikwemkoong. Our team leads will continue to monitor our current status within our district and make recommendations to our leadership if adjustments need to be made with current restrictions.”

Naandwechige-Gamig Wikwemikong Health Centre reminds everyone that part of the Covid-19 health and safety guidelines is the A-symptomatic Covid-19 testing. This means anyone with NO symptoms of Covid-19 can get tested. Call Wikwemikong Health Centre to make an appointment: 705-859-3164.

“A-symptomatic Covid-19 testing is a proactive step in helping keep our community as healthy as possible. Should there be a positive case identified, we can immediately implement our community plans to help take care of the individual, their family and community as a whole. Testing is a very ‘good thing’ - it exemplifies courage and commitment toward health, safety and community strength.”

Miigwetch,

Mary Jo Wabano, Health Services Director

Naandwechige-Gamig Wikwemikong Health Centre

ONTARIO PUBLIC HEALTH UNIT REGIONS MOVING INTO STAGE 3, Friday, July 17, 2020:

Algoma Public Health
Brant County Health Unit
Chatham-Kent Public Health
Eastern Ontario Health Unit
Grey Bruce Health Unit
Haliburton, Kawartha, Pine Ridge District Health Unit
Hastings Prince Edward Public Health
Huron Perth Public Health
Kingston, Frontenac and Lennox & Addington Public Health
Leeds Grenville & Lanark District Health Unit
Middlesex-London Health Unit
North Bay Parry Sound District Health Unit
Northwestern Health Unit
Ottawa Public Health
Peterborough Public Health
Porcupine Health Unit
Public Health Sudbury & Districts
Region of Waterloo Public Health and Emergency Services
Renfrew County and District Health Unit
Simcoe-Muskoka District Health Unit
Southwestern Public Health
Thunder Bay District Health Unit
Timiskaming Health Unit
Wellington-Dufferin-Guelph Public Health

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