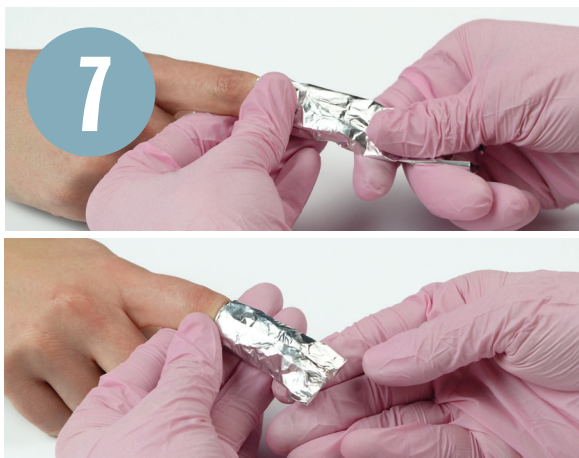


SOAK OFF STEP BY STEP

SOAK OFF - STEP BY STEP



TIPS: Prepare and wrap one finger at a time with **Soak Off** solution.

This allows the solution to get to work on the first finger while you proceed to the next one. Once all fingers are prepped & wrapped, wait ten minutes & then check on the gels.

If you have a hot water bottle or heated wheat bag, you can place this on top of your hands (ensure you use a cloth or towel to protect hands from direct heat). This helps to speed up the soak-off time.

1

If applicable, remove nail polish top coat or nail varnish using our **CLEANSE** solution.

2

If you want to reduce the length of your nails, you can clip gels with normal nail clippers or file the length down.

3

If you want to keep the length, simply break the seal of the gel on your free edge using a 100/180 grit file as shown in the image.

4

Using a 100/180 grit file, thin down free edge and then using a 180/180 buffer, remove the shine of the existing gel.

If wearing **PRO BASE&BUILD** clear gel or **GEL&GO** 2in1 on top of your colour, we recommend you thin down the whole surface of the clear gel down to the colour with at least a 100 grit file to speed up soak-off time.

Speak to your nail technician as to which file or buffer is recommended for you.

5

Apply cuticle oil to the skin surrounding the nail and underneath the free edge of the nail. Although this isn't necessary for a successful soak-off, it helps to keep the skin hydrated and protected from the acetone in the **Soak Off** solution.

6

Wet a piece of wonder wipe (or cotton wool) in **Soak Off** solution and place it on the surface of the gel. The wonder wipe does not need to be dripping wet. Fold the edges of the foil over each other so it fits snugly on the finger.

7

Secure the foil by gently pinching & fold over the top of the nail. Do not squeeze too tightly so solution is squeezed out of the wonder wipe or cotton wool.

8

After 10 minutes, unwrap the foil and check on the progress, one finger at a time. Many times **CALGEL** will come off in one piece, as shown in the image below. For some it may need some gentle encouragement. If wearing **PRO COLOUR**, the gel may not pop off in one piece.

You can loosen the surface of the gel, if needed, using a wooden manicure stick or the **Metal Cuticle Tool** with gentle pressure and ensure you do not 'dig in' to the gel, keep your tool flat on the surface

If there are any traces of gel left on the nail, you can use a wooden or metal cuticle tool to remove it gently from the surface of the nail.

Soak-off times will vary depending on the individual & whether you are wearing **CALGEL** or **PRO COLOUR**. Never force the gel off, this can lead to damage. Rather re-wrap & wait a little longer. If you have any questions, please speak to your nail technician who will be able to offer further advice.