

Insert Club Letterhead

TRIP / ACTIVITY INFORMATION SHEET

ACTIVITY OR TRIP

TRIP LEADER PHONE.....

EMAIL

TRIP DATE/S RSVP BY

MEETING POINT TIME

VEHICLE/PEOPLE No MAXIMUM MINIMUM

Physical Activity Level (*Please refer to the Physical Activity matrix on page 2 for classifications*)

ACTIVITY DETAILS (a brief description of the trip)

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PERSONAL EQUIPMENT REQUIRED

Fuel Camping Gear Food/Water

OTHER EQUIPMENT REQUIRED

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CLUB SUPPLIED EQUIPMENT

First Aid Kit Defibrillator Toilet

OTHER EQUIPMENT REQUIRED

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TRIPS (*Please refer to the Trip Grading matrix on page 2 for classifications*)

GRADING (dry) GRADING (wet).....

NUMBER OF NIGHTS CAMPING LOCATION

DRIVING TIME SUITABLE FOR..... Caravan Camper Trailer

FUEL REQUIRED AND AVAILABILITY

Notes





1. Participants must confirm with the activity leader by the Wednesday before departure.
2. Trip/Club rules are to be followed.
3. Due to the nature of activities undertaken there is always the possibility of personal injury or vehicle damage. All participants have a responsibility to always maintain safety.
4. It is the responsibility of each driver to decide to start or continue to participate in a trip. It is recommended that advice is sought from the trip leader.

Physical Activity Grading

| Grade | Description |
|-------------|---|
| 1 Easy | Minimal physical activity required. No setup or pack-up of equipment. Flat and well compacted foot access to activities or attractions. Generally suitable for all fitness levels. |
| 2 Moderate | Some physical activity required. Setup and pack-up of equipment may be required. Activities or attractions may require foot access on undulating, uneven or narrow ground up to 1km. |
| 3 Hard | Physical activity required. Setup and pack-up of equipment may be required. Activities or attractions may require foot access on undulating, uneven or narrow ground for more than 1km. |
| 4 Very Hard | Physical activity required. Setup and pack-up of equipment is required. Activities or attractions will require foot access on undulating, uneven or narrow ground for more than 1km. |

Trip Grading

- Conditions may change during the trip
- Tracks may be marked with a symbol to indicate grading

| Grade | Symbol | Description |
|------------------|--|---|
| 1 Very Easy | | Very easy with little if any 4WDing. Usually a scenic tour. |
| 2 Easy | Green Circle  | Easy 4WD trip. Mostly unsealed roads with no obstacles and minor gradients. Suitable for all wheel drive and high range 4WD vehicles with road tyres and low clearance, and novice drivers. |
| 3 Medium | Blue Square  | Mainly high range 4WDing but low range required. Tracks may include steep, rocky, slippery, sandy & muddy sections and water crossings. Suitable for medium clearance vehicles with dual range and all terrain or road tyres. Drivers should have experience and training. Basic recovery gear required to be carried. |
| 4 Difficult | Black Diamond  | Significant low range 4WDing. Tracks may have frequent steep, rocky, slippery, sandy, muddy sections and water crossings. Suitable for high clearance vehicles with dual range and all terrain tyres. Basic recovery gear to be carried. Some winching and/or towing a possibility. Good 4WDing skills required. |
| 5 Very Difficult | Double Black Diamond  | Tracks may have extensive very steep, rocky, slippery, muddy or sandy sections, or difficult water crossings. Winching and/or towing likely. Vehicles require high clearance, low range, suitable tyres (e.g mud terrain), and extensive recovery equipment including winch. Drivers to be very experienced with advanced training. |