

ring sizing instructions

- cut a thin strip of paper and wrap it around your finger, close to the knuckle.
- With a pen, carefully mark the spot where the strip of paper overlaps with its end.
- measure it with a ruler that has millimeter measurements,
- Use the chart to determine your ring size.
- **or**
- select an existing ring that fits the desired finger
- measure the internal diameter of the ring in mm
- use the chart to determine your ring size

ΕΣΩΤΕΡΙΚΗ ΠΕΡΙΜΕΤΡΟΣ / INSIDE CIRCUMFERENCE (mm)	ΕΣΩΤΕΡΙΚΗ ΔΙΑΜΕΤΡΟΣ / INSIDE DIAMETER (mm)	ΜΕΓΕΘΟΣ / SIZE
41	13,06	41
41,7	13,26	42
42,9	13,67	43
44,2	14,07	44
44,8	14,27	45
46,1	14,68	46
46,8	14,88	47
48	15,29	48
48,7	15,49	49
50	15,9	50
51,2	16,31	51
51,9	16,51	52
53,1	16,92	53
54,4	17,32	54
55,1	17,53	55
56,3	17,93	56
57	18,14	57
58,3	18,54	58
58,9	18,75	59
60,2	19,15	60
61,4	19,56	61
62,1	19,76	62
63,4	20,17	63
64	20,37	64
65,3	20,78	65

