

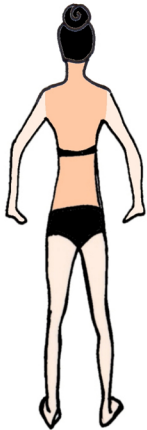
Spray Tanning

A GUIDE TO SUCCESS



CheatSheet

Excerpts from the **amazon**
Best Selling Book by
Nicola Scott



1. Stand the client facing away from you (wearing a face mask) and begin spraying from under the hairline down to the pant line.



2. Get the client to face right with arms in the air and spray from pits to pants.



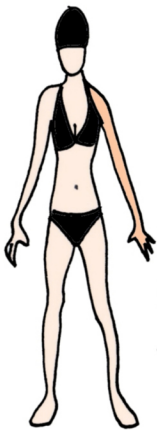
3. With the client now facing you spray over the chest and down to the pants.



4. Get the client to face left with arms in the air and spray from pits to pants.



5. Take the right arm rotate it slowly and spray right around it, finish by asking the client to hold a crumpled tissue in a claw and spray the back of the hand lightly.



6. Take the left arm rotate it slowly and spray right around it, finish by asking the client to hold a crumpled tissue in a claw and spray the back of the hand lightly.



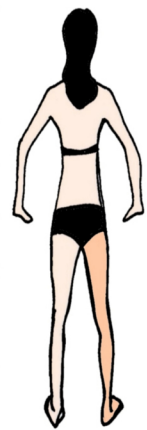
7. Ask the client to face you and show her inner right thigh, spray from pants to ankle.



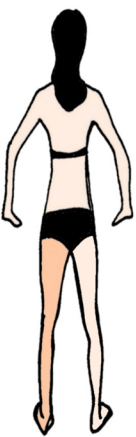
8. Ask her to face you and spray the front of her right leg from pants to ankle



9. Now get her to face left and spray the side of the right leg, spray from pants to ankle



10. Ask the client to face away from you, now spray the back of her right leg, from pants to ankle.



11. With the client still facing away from you, spray the back of her left leg, from pants to ankle.



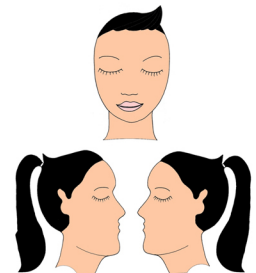
12. Now ask the client to face to her right and spray the side of her left leg, from pants to ankle.



13. Ask her to face you and spray the front of her left leg from pants to ankle



14. To complete the legs, ask the client to show you her inner left thigh spray from pants to ankle.



19. Finally move the mask up to push the hair away from the face, get the client to take a deep breath and spray from forehead to neck on all aspects of the face.