



Monday: 9/21
CLOSED

Tuesday: 9/22

Quiche : Spinach & Swiss
Turkey Apple Cheddar Pretzel Panini
Soup : Roasted Butternut Squash
Bread : Pumpkin Streusel
Cookies : Molasses
 Bourbon Pecan Choc Chip
Cake of the Day - Almond Cake with Earl
Grey Icing

Wednesday: 9/23

Quiche : Corned Beef & Cabbage
Salad : Taste of Fall Salad - Grilled
Chicken, Apples, Cranberries, Pecans, Feta
served with honey Balsamic Dressing
Cookies : Almond Ricotta
 Milk Chocolate Chip

Dessert of the Day : **Cinnamon Buns**

***Plant Based - Green Goddess Sandwich -
Spring Mix, Zucchini, Avocado,
Mozzarella, & Pesto on a toasted Pretzel.***

Thursday: 9/24

Quiche : Zucchini & Goat Cheese Quiche
Salad : Spinach Salad with Bacon, Blue
Cheese, Cranberries, Egg with Warm
Bacon Dressing

TEA Party to Go-Mini Quiche, Sandwiches,
Scones, Desserts(***pre-order by Wed
required***).

Savory SCONES - Rosemary
Sweet SCONES - Raspberry Cream
Cookies : Lemon Blueberry Ricotta
Lemon Curd & Cultured Butter

***Cake of the Day - Red Velvet with Cream
Cheese Icing***

***Keto Lunch - Chicken Poblano Soup -
Chicken, Zucchini, Chicken Stock,
Tomatoes, Avocado, Cheddar Cheese***

Friday: 9/25

Soup : Tomato Basil
Sandwich : Roasted Turkey Melt - Cheese,
apple, Onion served on toasted Pretzel
Salad : Greek Salad - Kalamata Olives,
Tomatoes, Cucumber, Red Onion, Salami,
Feta served with Dijon-Red Wine Vinegar
Dressing
Cookies: Semi Sweet Choc Chip,
 Molasses

Cream Puff Friday

Available Daily:

Chicken Salad on Pretzel
Egg Salad on Pretzel
BLT or Turkey BLT on Pretzel
Chef Salad with Egg, Turkey, Ham
Cold Plate with Chicken, Egg & Tuna Salad
Mozzarella or Avocado Caprese Sandwich
Protein Box - Boiled Eggs, Cheese, Apple,
Whole Grain Bread.