

THE MEN'S ROOM

This month we present eco-friendly fashion, flaming hot spring trends (mega pockets and super stripes), concrete candles and fierce bangles

Compiled by Louise Cummings

PLANET SAVVY ZAVI

Traditionally, eco-friendly fashion has been typecast as dull and style-deficient; we're recalling beige boxy creations made from hemp and such-like. But, take a look at sustainable menswear brand ZAVI and it's obvious that 'slow-fashion' is far from behind the times. ZAVI's ready-to-wear collection of timeless wardrobe staples, from suave shirts and tailored shorts to stylish joggers and smart jackets, is bursting with bright hues and packed with designer detailing. Founded by Vibhuti Vazirani, who was concerned at how the fashion industry was impacting our health and environment, ZAVI's range is crafted in organic and sustainable fabrics, and also features a womenswear line.

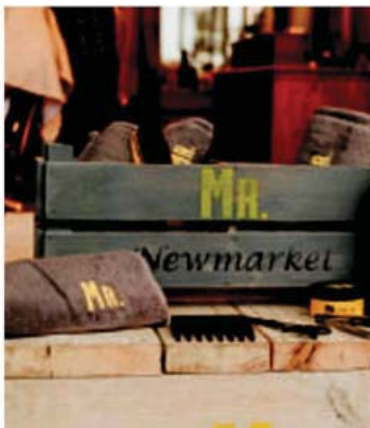
Get shopping at shop-zavi.com



HELLO TIGER

Follow the lead of Shawn Mendes, who sported a necklace and matching bangle at the Met Gala, by investing in striking accessories. If you're not quite ready to brandish a ring on every finger Johnny Depp-style, start off with a cool cuff. This black leather strap bracelet by Thomas Sabo symbolises unbridled power, with two tigers flashing black zirconia eyes at each other. Be fierce!

Leather strap tiger bracelet, £198, at Thomas Sabo, Cambridge, or thomassabo.com



LOOK SHARP

If life feels like a frantic whirl of work, social life and family commitments, making time to get a haircut is probably low on the priority list. But it's incredibly important for wellbeing and mental health to jump off the treadmill once in a while and carve out some 'you' time – you deserve it! Why not treat yourself to a sharp new haircut, beard trim or sculpt at Mr Barbers Newmarket? A team of specialist barbers are on hand to guide and advise you on a your lifestyle, there's a six-day walk in service (as well as appointments on a Wednesday and Thursday, with late slots), plus free Wi-Fi and Mr Barbers also has its own range of hair products, so you can take hero numbers to continue the pampering at home. Sounds like a great way to start with investing in some much-needed 'self-care'.

Mr Barbers is at 17, High Street, Newmarket.
Find out more at mrbarkers.co.uk/newmarket



MARCH
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