### Red Light Collagen Restoration Therapy FAQ

#### What can I expect from Red Light Collagen Therapy?

Treatments using red light will improve skin tone and texture, control the development of pigment spots, reduce pore size, reduce fine lines and wrinkles and result in vibrant and healthy looking skin.

#### Are Red Light Treatments safe?

According to the FDA, red light has a "non-significant risk" and is completely safe for your eyes. Red light penetrates tissue to a depth of 8-10 mm, delivering energy to stimulate a cellular response.

#### How does Red Light work?

The light stimulates specific cells in your skin to increase production of collagen and an increase in turnover of collagen and elastin fibers. Lab studies have shown that skin cells grow 150-200 times faster when exposed to certain types of light. Red light delivers a powerful therapeutic benefit to living tissue.

#### Is Red Light sunlight? Can it damage my skin?

Red light does not contain UVA or UVB rays so it cannot give you a sun tan or sun burn. You can undergo a red light treatment before or after indoor tanning.

#### How is Red Light different from laser treatments?

Red light therapy does not cut, burn or break the skin. It is a totally non-invasive treatment. Lasers use heat and concentrated light to vapourize or remove tissue. Red light lamps produce no vapourizing or burning of tissue.

#### How soon will I see results?

There are a few immediate changes to skin and some will naturally occur over a period of weeks. Everyone reacts differently depending on their age and skin condition. In general, best results are achieved over a 8-12 week period.

#### How long do results last?

Results depend on the length of treatment and the original condition being treated. Skin rejuvenation is a dynamic process. If maintenance treatments are not continued, skin will gradually resume its natural expression over time.



- repair damaged skin
- reduce pore size
- reduce wrinkles
- reduce fine lines
- improve skin condition
- lighten age spots
- treat under-eye circles
- treat acne conditions
- reduce stretch marks
- reduce scars



#### Available at:

Sun Magic Spa 645 Westmount Rd. E Kitchener 519.579.7433



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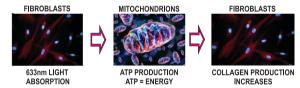


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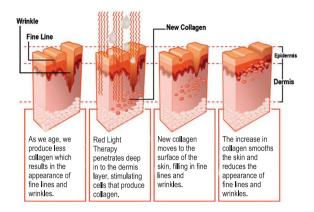
# Red Light Collagen Restoration Therapy

Red Light Collagen Therapy is a whole body rejuvenating skin treatment. First developed by NASA (the space people), the technology was intended to treat astronauts on the space stations and the space shuttle. This anti-aging treatment was used to reverse the aging affect that lack of gravity has on human skin in space. Since then the technology has been refined for commercial use on the general public.

Red Light treatment consists of exposure to a high concentration of a specific wavelength of light, 633nm red light. This exact type of light stimulates particular cells in your skin to produce collagen.



Collagen is a fibrous protein that makes up one third of the protein in the human body. It acts as the support structure for your skin, giving it strength and elasticity. As you age, your skin's ability to produce collagen diminishes resulting in sagging skin, fine lines and wrinkles. The light therapy is designed to reverse and counter this effect resulting in increased collagen in the skin and improved firmness and elasticity .... a more youthful look.



Unlike current available treatments that look artificial, red light collagen therapy produces a result that is totally natural in appearance. Noticeable results can be achieved in approximately 8 weeks following a regiment of 3 treatments per week, coupled with the daily use of complimentary skin care products.





## Focal Biophotonic Treatment - 30 Minutes



The Gold Standard in Red Light Therapy and unlike any other light delivery device in use today. The Light Medic focal treatment system delivers pure high intensity 633nm light in specific pulse modes for effective rejuvenation of any focal skin area.

Standard 30 minute treatment time. Can be used in conjunction with the Hydroxy MD facial program. Appointment required.

### Full Body Red Light Booth Treatment - 15 Minutes

w/Anti-Cellulite - Slimming - Toning



The Red Light Collagen Booth utilizes the latest high intensity tube lamp technology to produce 633nm light. For those choosing a full body skin rejuvenation this booth is second to none. Optional Bodywave pulse vibration treatment utilizing principles of isometric contraction is available

during the Red Light session for treatment of cellulite formation, body shaping, muscle toning and tissue lymphasizing. Treatments can be done separately or together with the Red Light Collagen Restoration program. Quick 15 minute sessions, no appointment required.

