

Immunity Boosting Drink

**TRY INCORPORATING THIS
ALL NATURAL IMMUNITY
BOOSTING DRINK INTO
YOUR DAILY ROUTINE**



INGREDIENTS:

- 2 ½ inch piece of fresh ginger - grated
- 1 tablespoon of Manuka Honey
- Juice of 1 lemon
- Juice of 1 navel orange
- ¼ teaspoon turmeric
- 1 tablespoon organic apple cider vinegar,
with "the Mother"
- ½ cup Warm Water

Combine all ingredients, stir well and enjoy!



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