

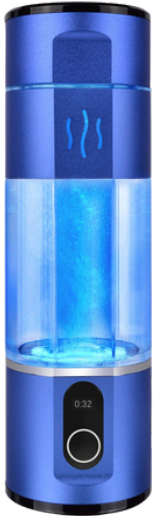
The therapeutic dose of molecular hydrogen for health benefits is 0.5-0.8 PPM

DID YOU KNOW?

Fresh Hydrogen-Rich Water

Now on the Go with the best and high quality features:

Easily creates 3000PPM-5500PPM



of Molecular Hydrogen

- Easy to travel with
- Quality design
- Fun in sporty
- Flashy and classy
- Fits in your cupholder
- Sturdy
- Easy to Carry
- Simple to Use
- Easy to Clean

ORDER NOW



SCAN HERE

Molecular Hydrogen

Molecular Hydrogen is the most abundant element in the universe. Because a hydrogen atom is so small and is an antioxidant it can penetrate cells and deploy all of its benefits on a cellular level.

What are Scientists Saying?

Dr. Lester Packer



Senior scientist at Lawrence Berkeley Laboratory, the most important antioxidant research scientist in the world.

"Scientists now believe that free radicals are factors and almost every new disease that consumes the right kind of water is vital to

detoxifying the body's acidic waste products and is one of the most powerful health treatments available."

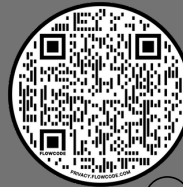
"We recommend that you drink eight glasses per day. It is one of the simple and most powerful things that you can do to combat wider range of disease processes."

Dr. Ray Kurzweil



Award-winning scientist, scientist, innovator and inventor.

"The most important feature of this water is the oxidation reduction potential. Water with a high negative ORP is of particular value in its ability to neutralize free oxygen radicals. Free radicals are among the most harmful molecules in the body and are highly unstable molecules that are oxidizing agents and are electron deficient."



Scan QR Code for a video on our HydraShot Bottle

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support@healthyhydration.com



HEALTHY HYDRATION

HYDRASHOT

The BEST
HYDROGEN
WATER
BOTTLE

Now you can have **HYDROGEN** Water **FRESH** while on the Go!



HYDROGEN BENEFITS



Molecular Hydrogen has a wide array of benefits that can enhance your overall health and lifestyle, including but not limited to:

- ✔ Improve Skin quality
- ✔ Reduce inflammation
- ✔ Reduce Muscle Fatigue
- ✔ Lowers Joint Pain
- ✔ Lowers Muscle Degeneration
- ✔ Slows overall Aging Process
- ✔ Relieves Pain
- ✔ Enhances mitochondrial function
- ✔ Promotes Good Microbes in the Gut
- ✔ Provides benefits and over 150 disease models (www.hydrogenstudies.com)

AFTER DRINKING HYDROGEN WATER

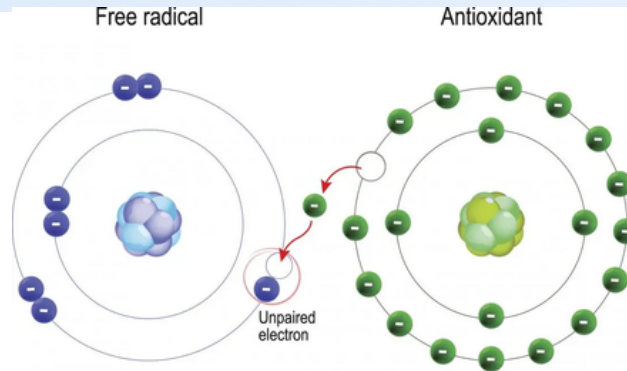
- 4.5PPB HYDROGEN
- ZERO CALORIES
- ALL NATURAL

- 5-30 MINUTES
Metabolic rate increases by 30% in men and women.
- 30-50 MINUTES
Increases brain function & Alternates.
- 60-90 MINUTES
Fights Free Radicals and increases other beneficial processes in the body!

- 90-120 MINUTES
Hydrogen is no longer present in the body.
- 12-24 HOURS
TIME TO ENJOY MORE!

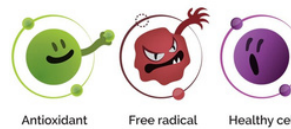
CONTINUED USE OF HYDROGEN GAS HAS BEEN PROVEN TO REDUCE OXIDATIVE STRESS IN OVER 1,100 STUDIES!!

ANTIOXIDANT BENEFITS

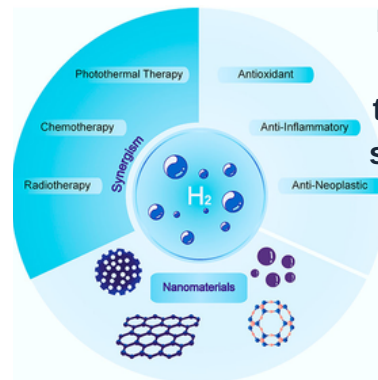


Antioxidants are molecules that fight free radicals in your body. Free Radicals are unstable molecules that contribute to Oxidative Stress which is a major cause of disease and inflammation.

Molecular Hydrogen (H₂) fights Free Radicals in your body and protects your cells from the effects of Oxidative Stress.



HYDROGEN and the Body.



Molecular hydrogen is selective and targets bad radicals, such as the hydroxyl radical (OH⁻), which is known to be extremely toxic to our cells.

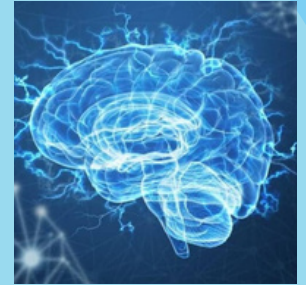
HYDROGEN Protects Organs

With its anti-inflammatory and Oxidative Stress affects, you can protect your organs from being damaged; including the brain, liver, eyes, lungs, heart, and much more!



Hydrogen Improves Brain Function

Oral administration of Hydrogen Water (drinking H₂ Water) prevented reduction of brain serotonin levels. Moreover, Molecular Hydrogen, potentially induces anti-inflammatory effects.



Hydrogen induced water improves cognitive ability and induces antioxidative and anti-apoptotic effects in the ischemic reperfusion injury model mouse.

Metabolic Benefits

Metabolic syndrome is a condition characterized by high blood, sugar, increased, triglyceride levels, high cholesterol, and excess belly fat.



Chronic inflammation is suspected to be a contributing factor. Some research shows that hydrogen water may be effective at reducing markers of oxidative stress and improving factors related to metabolic syndrome.

Athletic Benefits

Hydrogen water has shown natural ways to enhance athletic performance. Hydrogen rich water is shown to speed up recovery among athletes after an intense workout, which improves muscle function by reducing lactic acid buildup.

