

Summer 2016 Regional





Summer Skin with Skin Spa NY

Maintain healthy skin all summer long with refreshing and revitalizing treatments at Skin Spa New York's latest location in Back Bay. By Casey Tsamis

Skin Spa has taken New York by storm and is looking to do the same with their new Boston location. Located at 284 Newbury Street, Skin Spa is the place to go for all of your skincare needs. Senior Manager Katie Werbowski raves about the spa that has it all.

"Massages for relaxation and sports recovery, facials for cleaning and hydrating the skin, sunless tanning to prep for weekend getaways and waxing for the mostly exposed skin all summer long, are extremely busy and requested. We're even able to continue laser hair removal, especially underarms & Brazilians, as those areas are important to maintain in the summer, but not often exposed to the sun."



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Facials

Irritated skin isn't an option this summer. You'll start off with a skin evaluation and consultation by their highly trained estheticians to help find the right treatment for your skin type. The salon uses CUTERA laser technology, which safely and effectively gives your skin the best results. On top of this, Glo Therapeutics and PCA SKIN products are used to give a radiant glow that's perfect for summer.

Tonning

Skin Spa offers a treatment called Buff and Glow for \$89. Your esthetician will start with a 15 minute body scrub. A soothing scrub of buffing beads and body-nourishing ingredients – like apricot flower, avocado and jojoba – which is applied with a loofah to exfoliate. Once you're exfoliated, you'll receive a customized, sunless tan from the Vita Liberata brand. Choose from one of the three shades that are available: Hawaii, Ecuador or Brazil. The sunless tan is organic and will typically last one to two weeks. No need to worry about looking orange, this product is completely natural.

Massages

Summer is all about relaxation and what better way to relax than get a massage? Relieve all stress and aching muscles with one of the five massages offered deep tissue, express, Swedish, Swedish aromatherapy and prenatal. You can stop in for a quick pick-me-up with a 20 minute massage, or teat yourself with a 50 or 80 minute session.

Waxina

Say goodbye to unwanted hair. An esthetician will use a combination of soft and hard waxes to give you a smooth, hair-free look, wherever you desire. They also don't double-dip their wax, which prevents post wax breakouts and keeps you feeling as clean and fresh as possible.

Laser Hair Removal

If you're looking for a more permanent solution to hair removal, laser hair treatment can remove 70 to 90 percent of all hair in about six treatments. Skin Spa has several different laser technologies to provide you with the best-looking, safest treatment out there. Session by session, a laser technician will zap your unwanted hair and make your summer hair removal routine that much easier.







Although Skin Spa is a new hotspot, standing out on Newbury this summer, the spa is here to stay and will cater to your relaxation and beauty needs long past sunny days. "We are able to help our clients maintain and get ready for occasions throughout all seasons," says Werbowski. "We believe in getting results, whether the objective is to finally reach a state of relaxation or to achieve a specific skin [or] body goal. Your skin's beauty is not just a luxury... it's a lifestyle."

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