

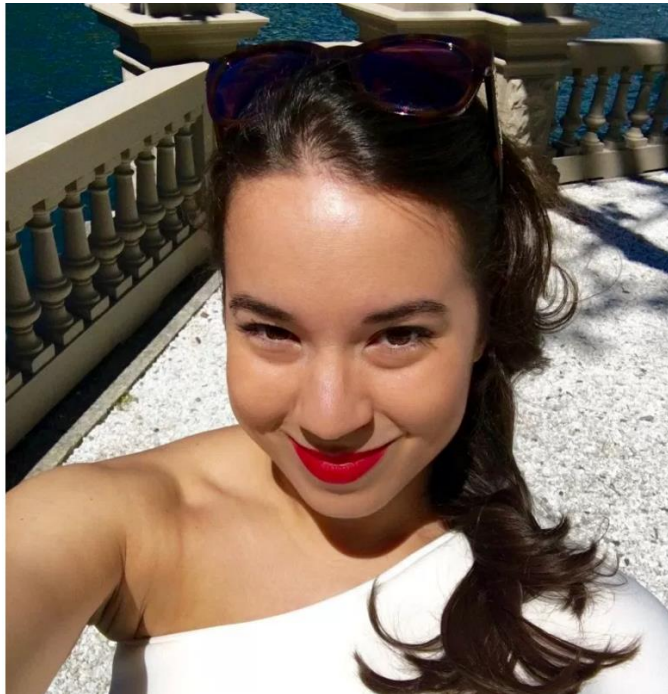


Planning a long trip can be daunting. With flights, activities, accommodations and meals to plan, there is a lot that can get in the way of your dream vacay. Here are my tips and tricks for organizing the perfect trip this year.

STEP 6 – PRE-TRIP APPOINTMENTS

If you are going on an extended trip (anything over a week), really think about any appointments you may need to make in order to prep for the trip. Think about: doctors appointments, hair cuts, mani/pedis and if you are going somewhere warm perhaps a sunless tan!

And I recently tried [Skin Spa New York's](#) organic sunless tan, and I was absolutely Lake Como ready last week!



Loving my sun kissed look at Casta Diva Resort and Spa on Lake Como last week!