

FEBRUARY 14, 2017
UNCATEGORIZED
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Fifty Shades of Self-Care this February



No matter what your plans for celebrating on February 14 (*Fifty Shades Darker* for two, Valentine's Dinner with the ladies), remember that the most important relationship is the one you have with yourself. Like all relationships, it requires constant care and check-ins. With the overwhelming focus on love and decadence for Valentine's Day, we wanted to take these ideas of grand gestures in the name of love and apply them to self-care throughout the remainder of February.

At the **HealthKick** office we are doing just this – tapping some of our favorite wellness brand partners for positive self-decadence. We want to share the love with you and your company too...ALL year long, that is. That's why **HealthKick corporate members** receive exclusive perks for these and HealthKick's 100+ health and wellness brand partners.

Read on, and let us make you swoon...

19. Give your skin a facial's facial with a hydrating OxyTrio treatment or Power Peel at **Skin Spa New York**.