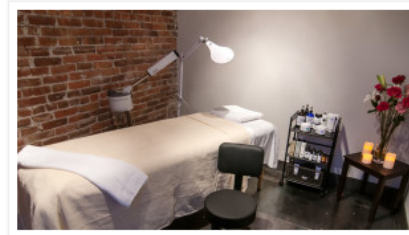


## Skin Spa New York Sets Up Shop on Newbury Street

You can never trust the weather in Boston. From spring time highs straight back to snowy winter days in under 24 hours, our poor bodies don't know what to make of it. Luckily, your skin is now in good hands with the recent opening of Boston's first [Skin Spa New York](#) clinic.



Located at 284 Newbury street, the spa is the place to go for all of your skin's needs. [Facials](#), [laser treatments](#), waxing, massages – you name it, they offer it. I went in this past Sunday to check it out and got their OxyTrio facial – a well-crafted facial that leaves your skin cleansed, moisturized and glowing. It is the perfect treat after opening our Kaleidoscope production... stage makeup does not give way to happy, [healthy skin!](#)

This particular service is an efficient 30 minutes, perfect for a midday quickie. The OxyTrio follows the usual cleanse, steam, extract set up and is followed by a three-step oxygenation process which re-hydrates and stimulates your skin's [metabolism](#) – it's like shaking a fist at cold, winter weather:) The best effects are seen a day or two after, making this a perfect, pre-weekend/event treatment.



Of course, the other wonderful thing about having our very first Skin Spa New York clinic here in Boston, is that it is right in the midst of your favorite boutique shopping. Peruse around Newbury st. stores with your fresh face, work up an appetite and then saddle up at a nearby restaurant.

[Met Back Bay](#) is a perfect option – with their varied seating options, stop by for a charcuterie board and drink in their social downstairs tavern, order up a cocktail in their mid-level library bar or sit down to a full meal in their more intimate dining area. Their wine list is eclectic with comfortable price range and they excel at [American fare](#) on all levels:)



In addition to their charcuterie offerings, I would highly recommend ordering a side of their biscuits with honey butter. Definitely try out their [cauliflower](#) two ways and their golden beet salad to follow. For the mains, the lemon sole is light over a rich mushroom risotto. The duck is also nicely cooked and crispy with sweet potatoes and brussels as accompaniment.



A trip to Skin Spa New York and a bite or meal at Met Back Bay is a perfect one-two punch for any evening of the week. Most importantly, head in to Skin Spa New York before March 31st and you can get your first treatments at a whopping %50 off. It's the kind of spring summoning you can really lean into!