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Where to Recover from the Boston Marathon

These local spas, restaurants, and studios are offering specials for runners.

By Hallie Smith | Boston Wellness | April 18, 2017, 11:00 a.m.



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If you ran on Monday, your body is probably feeling it today. But here's some motivation to drag your aching muscles and blistered feet off the couch: These local spas, restaurants, and studios are offering Boston Marathon recovery specials. You deserve it.

Spas

G20 Spa and Salon: Boston Marathon runners may enjoy 20 percent off a 60- or 90-minute Swedish, deep tissue, or sports massage at G20. The discount is valid Monday through Friday for the entire month of April.

G20 Spa and Salon, 278 Newbury St., Boston, g20spasalon.com.

Mandarin Oriental: You worked your body hard. You deserve the Mandarin's "Marathon Boost," a full-body, 80-minute treatment complete with aromatherapy and a de-stressing muscle gel, which is available during the month of April. Or, try "the Soakless Pedicure," which promises to soften and condition the skin in 50 minutes. Until April 22, the latter comes with a complimentary travel-sized foot lotion.

\$200+ and \$80+. Mandarin Oriental Boston, 776 Boylston St., Boston, mandarinoriental.com.

Skin Spa New York: Loosen up your muscles at Skin Spa New York, a swanky retreat on

Newbury Street. Throughout the month of April, the spa is offering 50-minute massages for \$69.

(Sore from all that cheering, spectators? The special works for you, too.)

\$69. Skin Spa New York, 284 Newbury St., skinspanewyork.com.