



SWEET SENTIMENTS



Better than candy! Cut, fold, and share these sweet sentiments as you countdown to Valentines day with your sweeties!

I love you!

Cut and Decorate paper hearts then decorate your house!

Help make a special Valentines dinner for your family; complete with a menu and table decorations!

You brighten my life!

You're so fun to play with!

Wear a red or pink outfit! Bonus points if it has hearts on it!

Make a Valentines day cards together then give it to your favorite Pals!

You make moments sweeter!

You are one of a kind!

Bake and decorate Valentines day cookies together!

Write down 5 reasons why you love someone

You make my heart glow!

Thank you for being a pal!

Write sweet notes on paper hearts, then hide them around the house or give away for friends and loved ones to find!

SUGAR RUSH!

A heart full of sugar coated treats, what could be better! Can you find all the sweets, Pal? For extra fun, try setting a timer for 1 minute to see how many you can find!















CONVERSATION HEARTS

Keep these conversation hearts handy at your dinner table, in the car, or even in your pocket. What a fun way to encourage sweet connections with your kiddos and pals!

describe yourself in three words!

what is your favorite compliment to give?

what is a good way to calm down when you're upset?

what's one reason you love yourself?

what's something that always makes you laugh?

what was your favorite part of the day and why?

what are you thankful for today and why?

what's one activity you love and why?

what's one way you can be nice to someone this week?

what do you love most about your family?

who was nice to you today?

if someone is mean to you, how should you respond?

GOODY BAG TAGS

Wrap your gift with extra love using these gift tags made especially for you and all your best pals! Cut out the tags and add them to any sweet Valentine's happys!

