

# CONVERSATION HEARTS

Keep these conversation hearts handy at your dinner table, in the car, or even in your pocket. What a fun way to encourage sweet connections with your kiddos and pals!

describe yourself in three words!

what is your favorite compliment to give?

what is a good way to calm down when you're upset?

what's one reason you love yourself?

what's something that always makes you laugh?

what was your favorite part of the day and why?

what are you thankful for today and why?

what's one activity you love and why?

what's one way you can be nice to someone this week?

what do you love most about your family?

who was nice to you today?

if someone is mean to you, how should you respond?

