



ENCOMPASS SPECIFICATIONS

IN USE	106" x 38" x 57" [L/W/H] (2.69 m x 0.96 m x 1.45 m)
FOLDED	20" x 38" x 57" [L/W/H] (0.51 m x 0.96 m x 1.45 m)
UNIT WEIGHT	180 lbs (81.65 kg)
RAIL CONSTRUCTION	Steel reinforced extruded aluminum rails
RESISTANCE	1% to 62% of bodyweight
LEVELS	22 calibrated incline levels, with release lever to lock rails into place
SQUAT STAND	Three height levels
STORAGE	Hydraulic lift assists folding; Rolls upright when folded
USER HEIGHT	Up to 6'10" (2.1 m)
CAPACITY	Maximum total 650 lbs (295 kg) User weight 350 lbs (160 kg)
WARRANTY	Frame: 5 years Parts & Upholstery: 1 year Foam & Rubber: 90 days

Add the full functionality of Pilates to your Encompass with this comprehensive accessory package. Pilates movements increase reach and core control with low joint compression. Physical and mental benefits of traditional and evolved Pilates include:

- Core strength
- Flexibility
- Fluid movements
- Breath
- Mind, body connection

INCLUDES

