



G574R RECUMBENT CYCLE

SportsArt ECO-POWR™ line is the embodiment of design, technology, sustainability, and cardiovascular excellence. The sleek angles and practical features combine with state of the art energy generating technology to produce an engaging workout users can feel good about. The G574R Recumbent Cycle features an easy step-through design for ease-of-access, adjustable seat and seat back, and fingertip resistance controls.

KEY FEATURES

- ECO-POWR[™] integrated inverter
- · Horizontal seat and backrest adjustments
- Contact HR sensors



TECHNICAL DETAILS	
Unit Weight	211.86 lbs / 96.3 kg
Dimensions (LxWxH)	67.9 x 26 x 55.3 in / 172.5 x 66 x 140.4 cm
Resistance	40 Levels
Power Requirements	110v; 60Hz / 220v; 50Hz
Plug Requirements	NEMA 5-15
Max User Weight	450 lbs / 205 kg
Readouts	Heart Rate, RPM, Resistance, Time, Distance, Speed, Calories
Workout Programs	Manual, Random, Interval (3), Plateau, Fitness Program, Weight loss, Cardio
Features	ECO-POWR™ integrated inverter Multi-point seat and backrest adjustment Step-through design Fingertip controls



Fingertip controls

Seat and backrest adjustment