





STROOPS.COM

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THE BAR

CONTENTS

1 - 39" FUNCTIONAL TRAINING BAR

The Fit Stik Pro, when paired with a Slastix, becomes the ultimate functional training tool. Two swiveling eyelets make it perfect for rotational and asymmetrical exercises. Training real-world movements just got easier.

OUR FAVORITE MOVES



Explore more exercise on stroops.com

PRODUCT WARRANTY SLASTIX PRODUCTS: 1 Year Limited warranty for personal use and 6 Month Limited Warranty for personal trainers and commercial uses

OTHER STROOPS PRODUCTS: 6 Month Limited Warranty

VISIT STROOPS.COM/WARRANTY-RETURN-POLICY/ FOR FULL DETAILS ON STROOPS WARRANTY AND RETURN POLICY.

PRODUCT CARE & WARNINGS

- Store in a dry location. USE UNDER THE SUPERVISION OF A RESPONSIBLE ADULT.
- Dis product can be dangerous if used incorrectly. This product can be dangerous if used incorrectly. Do not use this product for purposes other than described by the instructions. Read all instructions before use.

- Do not use Slastix as a rope or stretch to its maximum. Do not remove sleeve from the Slastix for any reason. Avoid repetitively stretching Slastix to the point of "jolting".
- For maximum results, the manufacturer's recommended replacement period is 12 months, or as soon as the band loses elasticity or shows signs of wear.
- 12 Infinite, or as soon as the data tosse evaluation of shows signal to recail. 10. Manufacturer makes and issues no warranties with regards to this product, ex-pressed or implied, and expressly disclaims all implied warranties, including but not limited to, the implied warranties of the MERCHANTABILITY OR FITNESS FOR A PARTICULAR PURPOSE.

PRO TIPS:

- 1. Always train with a safety zone.*
- 2. Be sure Slastix are secure before training.
- 3. Buy other attachments at stroops.com *Please see Stroops.com for info about training zones



#STROOPS TRAIN AT THE SPEED OF LIFE