



## C574R recumbent cycle

SportsArt's ECO-NATURAL<sup>™</sup> Elite line is the embodiment of design, technology, sustainability, and cardiovascular excellence. The sleek angles and practical features combine with a self-powered design to provide users with an engaging workout. The C574R Recumbent Cycle features an easy stepthrough design for ease-of-access, adjustable seat and seat back, and fingertip resistance controls.

## **KEY FEATURES**

- Horizontal seat and backrest adjustments
- Contact HR sensors
- Self-powered

TECHNICAL DETAILS	
Unit Weight	211.86 lbs / 96.3 kg
Dimensions (LxWxH)	67.9 x 26 x 55.3 in / 172.5 x 66 x 140.4 cm
Resistance	40 Levels
Power Requirements	N/A
Plug Requirements	N/A
Max User Weight	450 lbs / 205 kg
Readouts	Heart Rate, RPM, Resistance, Time, Distance, Speed, Calories
Workout Programs	Manual, Random, Interval (3), Plateau, Fitness Program, Weight loss, Cardio
Features	Multi-point seat and backrest adjustment Step-through design Fingertip controls Self-powered



## **CLOSER LOOK**





Fingertip controls

Seat and backrest adjustment