

Dear Customer,

Thank you for purchasing the Anchor Gym Accessory or Storage Rack!



Contents:

(1) Anchor Gym Accessory (or Storage) Rack

Mounting Hardware (Qty 2 each – #8 wood screws & drywall anchors)

Tools needed:

Pencil, Drill, 3/16" or 5/64" Drill Bit, Phillips head screw driver, Level, Stud Finder (optional),



Installation Instructions:

Option 1 (mounting into drywall only – no studs):

- 1) Locate where you want to mount the rack.
- 2) Press the rack up against the wall and make a pencil mark where one of the mounting holes will be drilled.
- 3) Using a 3/16" bit, drill the hole for the dry wall anchor.
- 4) Press and tap the dry wall anchor into the hole.
- 5) Align and screw the rack into this hole. Do not tighten.
- 6) Adjust the rack until it is level. Hold in this position and put a pencil mark in the center of the second mounting hole.
- 7) Repeat steps 3) through 5), tightening both screws.
- 8) You're all done. Happy exercising and stay organized!

Option 2 (mounting into drywall & studs):

- 1) Locate approximately where you want to mount the rack.
- 2) Using a stud finder, locate the center of the stud that you'll use for anchoring the rack.
- 3) Using a 5/64" bit, drill a pilot hole through the drywall and into the stud.
- 4) Align and screw the rack into this hole. Do not tighten.
- 5) Adjust the rack until it is level. Hold in this position and put a pencil mark on the wall where the second pilot hole will be drilled.
- 6) Repeat steps 3) through 4), tightening both screws.
- 7) You're all done. Happy exercising and stay organized!

Sincerely,

Shawn Finnegan
Owner/Inventor
The Anchor Gym & Core Energy Fitness