

A979 LOW ROW

SportsArt Plate Loaded Series combines quality and value in a simple, easy-to-use strength line designed to accommodate users of any fitness level or experience.

KEY FEATURES

- Adjustable seat height and chest pad



TECHNICAL DETAILS	
Unit Weight	246.4 lbs / 112 kg
Dimensions (LxWxH)	63.2 x 53 x 67.2 in / 160.6 x 134.3 x 170.6 cm
Max User Weight	500 lbs / 227 kg
Max Weight Storage	1100 lbs / 500 kg
Features	Independently moving arms improves strength training balance Adjustable seat height fits variety of users Marine grade double-stitched upholstery Spring-lock release knobs make for easy seat height adjustment Weight horns for ample plate storage Strengthens upper chest, front deltoid, and triceps

WARRANTY*	
Type	Full Commercial - no usage limit
Frame	10 Years
Parts	3 Years
Grips, Enclosures & Covers	1 Year
Upholstery	6 Months
Labor	1 Year