

CanDo® Economy,Balance Board

Product Information



Weight	0.567 kg
Brand	CanDo
Item No.	W67186 [1015433]

Description

The Cando® Economy Balance Board is a 14" diameter wobble board that makes balance training fun. Raised circles on surface makes the board slip-resistant. Helps increase muscle tone in calves and ankles. Strengthen and condition lower body. Improve ankle range-of-motion, balance, body awareness, and develop joint mobility and reaction skills. Made from lightweight molded plastic. Stand on disc and shift weight to perform stability exercises. Comes in colorful retail packaging.

https://www.3bscientific.com/ph/cando-economy-balance-board.p_1153_24857.html

More product images

