

Cando ® Hold-Rite Handle Plastic | Alternative to dumbbells

Product Information



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|------------|-------------------------|
| Weight | 0.158 kg |
| Dimensions | 15.24 x 15.24 x 1.27 cm |
| Brand | CanDo |
| Item No. | W58549 [1009144] |

Description

Alternative to dumbbells - Flexible use during training - Resistance training anywhere, anytime - The pair of Cando Hold-Rite plastic handles are accessories for Cando exercise bands and tubing. Cando is great for resistance exercise therapy. Plastic handles make band/tubing easy to grip. The self-locking "adjuster" holds band or tubing in place during the most strenuous exercises. (The band and/or tubing inserts into the bottom section of the handle, and is held in place by the adjuster.) Use self-locking "adjuster" to increase or decrease resistance by shortening or lengthening band/tubing.

https://www.3bscientific.com/ph/cando-hold-rite-handle-plastic-alternative-to-dumbbells.p_920_10063.html

More product images

