

## Cando ® Disc Anchor | Alternative to dumbbells

### Product Information



Weight	0.027 kg
Dimensions	20.32 x 5.08 x 0.635 cm
Brand	CanDo
Item No.	W58548 [1009143]

### Description

Alternative to dumbbells - Flexible use during training - Resistance training anywhere, anytime - The Cando disc anchor is an optional accessory for use with Cando exercise bands and tubing. Cando is great for resistance exercise therapy. Place disc in doorway at any height. Close door to create workout station! Heavy-duty webbing for durability. Unique fastening system secures any size band or tubing.

[https://www.3bscientific.com/ph/cando-disc-anchor-alternative-to-dumbbells.p\\_920\\_10062.html](https://www.3bscientific.com/ph/cando-disc-anchor-alternative-to-dumbbells.p_920_10062.html)