

## Cando Extra Long Adjustable Foam Handle | Alternative to dumbbells

### Product Information



Weight	0.119 kg
Dimensions	15.24 x 15.24 x 2.54 cm
Brand	CanDo
Item No.	W54614 [1009086]

- On Sale

### Description

Alternative to dumbbells - Flexible use during training - Resistance training anywhere, anytime - Extra long (12 inch) foam covered handle is comfortable to use. The webbing strap has three attachment positions. A single resistance band/tube can be attached at the center or end point. Two bands/tubes can be attached at both ends. Easy to use.

[https://www.3bscientific.com/ph/cando-extra-long-adjustable-foam-handle-alternative-to-dumbbells.p\\_920\\_16776.html](https://www.3bscientific.com/ph/cando-extra-long-adjustable-foam-handle-alternative-to-dumbbells.p_920_16776.html)