

Cando Twist-n-Bend Hand Exerciser - Black, X Heavy

Product Information



Weight	0.561 kg
Dimensions	30.48 x 5.08 x 5.08 cm
Brand	CanDo
Item No.	W54233 [1009061]

Description

The Cando flexible hand bar exerciser is a lightweight, portable exerciser designed to strengthen muscles in the hand, wrist and shoulder. Also promotes coordination and increases ROM. Perform oscillation movements for neuromuscular and balance training.

Available levels:

XX-Light / Tan

X-Light/ Yellow

Light/ Red

Medium/ Green

Heavy/ Blue

X-Heavy/ Black

https://www.3bscientific.com/ph/cando-twist-n-bend-hand-exerciser-black-x-heavy.p_1194_16474.html

More product images

