

BAGEL \$2.75

Served with your choice of cream cheese,
strawberry or grape jelly, or peanut butter

Blueberry	Plain
Cinnamon Raisin	Wheat
Everything	

BAGEL MELT \$5.25

Open-faced with turkey or ham
and covered with melted cheese.

Choose your own bagel

BREAKFAST SANDWICH \$5.50

Served with: choice of bread, cheese, egg, and choice of meat

B R E A D

English Muffin (Wheat or
White) Croissant
Bagel (see choices above)
Wheat Toast

I N S I D E

Egg
Cheese
Bacon Ham
Turkey Sausage

MODERN OATS OATMEAL \$3.50

Served with hot water. Sub dairy for .50

Apple Walnut	5 Berry	Vermont Maple
Coconut Almond	Blueberry	

MUFFINS \$3.50

Almond Chocolate Chip
Blueberry
Lemon Poppy Seed
Orange Cranberry

SCONES \$3.00

Apple Cinnamon
Blueberry
White Chocolate Raspberry

COOKIES \$3.00

CINNAMON ROLL \$3.50

BANANA NUT BREAD \$3.00

RUSSIAN OR RUM CAKE \$5.00

EXTRAS |

Extra Cream Cheese 1.00 *Side Salsa .75* *Extra Slice of Cheese .75* *Avocado .75*

WELL BODY CLUB

Hearty wheat bread layered with lean smoked turkey, lettuce, tomato, avocado, red onion, sprouts, olives, bell pepper, cheese, and ranch dressing. Choice of chips.

\$11.50

TURKEY PESTO CLUB

Lean smoked turkey, bacon, and melted cheese on toasted wheat bread topped with lettuce, tomato, and pesto. Choice of chips.

\$11.75

BUBBA CLUB

Lean smoked turkey and melted cheese on a toasted everything bagel and topped with lettuce, tomato, avocado, and ranch dressing. Choice of chips.

\$ 10.00

J&B VEGGIE

Avocado, red onion, sprouts, olives, bell pepper, lettuce, & tomato, piled high on hearty wheat bread & topped with cheese & ranch dressing. Choice of chips.

\$9.50

CHICKEN SALAD SANDWICH

Chicken, olives, tomato, and red onion blended with spices and served on a toasted croissant. Choice of chips.

\$10.00

B.L.T.

Bacon, lettuce, and tomato, served on a hearty wheat bread. Choice of chips.

\$10.00

BUILD YOUR OWN (choice of 1 meat or 1/2 portions of two meats)

\$11.50

BREAD

Croissant

Wheat bread

Bagel

MEAT

Turkey

Ham

VEGGIES

Lettuce

Tomato

Avocado

Red onion

Sprouts

Olives

Bell peppers

SAUCES

Mayonnaise

Mustard

Ranch

Pesto