



designs for health®

PURE PALEOCOMPLETE

HIGH QUALITY SUPPLEMENT FEATURING BEEF PROTEIN

NATURAL CHOCOLATE FLAVOUR | 510 G POWDER | NPN80074292 | PPMCHC-CN

NATURAL VANILLA FLAVOUR | 480 G POWDER | NPN80074292 | PPMVAN-CN



Pure PaleoComplete is a nutrient-dense supplement with complete protein, healthy fats, a very low glycemic impact, and nutrients predominantly in their bioidentical forms. Pure PaleoComplete is available in delicious chocolate and vanilla flavors, and features HydroBEEF™, a highly concentrated beef protein sourced from animals raised in Sweden without hormones, and fed a diet entirely free of GMO grains, grasses, hay, and/or ensilage. The protein is produced through an exclusive hydrolysis and ultra-filtration process that enables the protein to be hydrolyzed or 'split' into a high concentration of functional peptides. Delivering protein in the form of peptides allows for easier absorption and assimilation.

Highlights of HydroBEEF™ beef protein:

- Ideal for individuals with sensitivity to dairy and/or soy, and for those who prefer to avoid proteins sourced from grains (rice) and legumes (pea). It is a true "Paleo protein."
- Higher content of collagen-specific amino acids, proline and glycine, which may be of particular benefit to athletes, aging individuals, and others who experience wear and tear on joints, ligaments, and connective tissue.
- 97% protein; impressive protein nitrogen score of 101.5, indicating high protein usability.
- Tested free of hormones and antibiotics.

With its array of vitamins, minerals and other beneficial compounds (such as inositol and choline), Pure PaleoComplete is an ideal supplement with a wide variety of applications. It is the perfect choice to complement any meal that may be lacking in calories and nutrients, or as a quick, convenient, nutrient-dense snack.

Pure PaleoComplete may also be used as a post-workout protein and nutrient replenishment source, or for individuals recovering from injury or trauma and who may be particularly helped by supplemental protein with the unique bone-and tissue-supporting amino acid profile of beef.

Multiple servings may be used by those with higher calorie needs.

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FEATURES OF PURE PALEOCOMplete:

- Free of sucrose, fructose, and artificial sweeteners; sweetened with stevia extract
- Healthy fats from medium chain triglycerides sourced from coconut and palm oils
- Water-soluble fiber from glucomannan, a polysaccharide from the konjac plant
- Nutrients in highly bioavailable and bioactive forms:
 - o Vitamin C in complete form from acerola fruit; not isolated ascorbic acid
 - o Vitamin A from beta-carotene
 - o Activated B-vitamins - B6 as pyridoxine-5-phosphate; B2 as riboflavin-5-phosphate; folate as 5-methyltetrahydrofolate (from Quatrefolic®) - ideal for individuals with genetic polymorphisms that affect nutrient conversions (e.g., MTHFR)
 - o Zinc, selenium, manganese, chromium & molybdenum in fully chelated form for enhanced stability and bioavailability
 - o Calcium and magnesium bound to malic acid (malate), a Krebs cycle intermediate, which may help support cellular energy generation
 - o Vitamin E isomers as gamma and delta tocotrienols from annatto

As a low-calorie, high-protein, high-fiber, nutrient-dense supplement, Pure PaleoComplete may be beneficial for:

- Weight management
- Healthy blood glucose metabolism
- Sustained satiety
- Weight training & muscle building

NATURAL CHOCOLATE FLAVOUR

Medicinal Ingredients (per scoop/34g):

Hydrolyzed beef protein (<i>Bos taurus</i> -Muscle).....	17 g
Vitamin C (<i>Malpighia glabra</i> -Fruit)	125 mg
Calcium (Di-Calcium Malate)	100 mg
Magnesium (Dimagnesium malate).....	100 mg
Pantothenic acid (Calcium D-pantothenate)	100 mg
Choline dihydrogen citrate	50 mg
Inositol.....	50 mg
Vitamin B3 (Niacinamide).....	25 mg
Tocotrienols (<i>Bixa orellana</i> -Seed).....	25 mg
Vitamin B1 (Thiamine diphosphate)	10 mg
Vitamin B2 (Riboflavin-5-phosphate).....	10 mg
Vitamin B6 (Pyridoxal-5-phosphate).....	10 mg
Zinc (Zinc bisglycinate)	5 mg
Boron.....	1 mg
Manganese (Manganese bisglycinate)	1 mg
Beta-carotene (<i>Elaeis guineensis</i>).....	675 mcg (1125 IU)
Biotin.....	100 mcg
Folate (Quatrefolic® [6S]-5-methyltetrahydrofolate, glucosamine salt 200 mcg)	100 mcg
Chromium.....	50 mcg
Molybdenum (Molybdenum bisglycinate)	50 mcg
Selenium (Selenium glycinate).....	50 mcg
Vitamin B12 (Cobamamide, methylcobalamin)	50 mcg

Non-Medicinal Ingredients: Cellulose, natural flavours, medium chain triglycerides, glucomannan, cocoa powder, stevia leaf extract. **Recommended Dose:** Adults: Mix 34 g (approx. 1 scoop) well in 8 oz of water or any other beverage immediately before consumption once per day, or as directed by a health care practitioner. Take a few hours before or after taking other medications or natural health products.

Nutrition Facts / Valeur nutritive	
Serving Size 34 g (1 Scoop) / Portion 34 g (1 mesure)	
Amount	% Daily Value
Teneur	% valeur quotidienne
Calories / Calories 110	
Fat / Lipides 3 g	4 %
Carbohydrate / Glucides 10 g	3 %
Dietary Fibre / Fibres Diététiques 7 g	29 %
Protein / Protéines 17 g	

NATURAL VANILLA FLAVOUR

Medicinal Ingredients (per scoop/32g):

Hydrolyzed beef protein (<i>Bos taurus</i> -Muscle).....	17 g
Vitamin C (<i>Malpighia glabra</i> -Fruit)	125 mg
Calcium (Di-Calcium Malate)	100 mg
Magnesium (Dimagnesium malate).....	100 mg
Pantothenic acid (Calcium D-pantothenate)	100 mg
Choline dihydrogen citrate	50 mg
Inositol.....	50 mg
Vitamin B3 (Niacinamide).....	25 mg
Tocotrienols (<i>Bixa orellana</i> -Seed).....	25 mg
Vitamin B1 (Thiamine diphosphate)	10 mg
Vitamin B2 (Riboflavin-5-phosphate).....	10 mg
Vitamin B6 (Pyridoxal-5-phosphate).....	10 mg
Zinc (Zinc bisglycinate)	5 mg
Boron.....	1 mg
Manganese (Manganese bisglycinate)	1 mg
Beta-carotene (<i>Elaeis guineensis</i>).....	675 mcg (1125 IU)
Biotin.....	100 mcg
Folate (Quatrefolic® [6S]-5-methyltetrahydrofolate, glucosamine salt 200 mcg)	100 mcg
Chromium.....	50 mcg
Molybdenum (Molybdenum bisglycinate)	50 mcg
Selenium (Selenium glycinate).....	50 mcg
Vitamin B12 (Cobamamide, methylcobalamin)	50 mcg

Non-Medicinal Ingredients: Cellulose, natural flavours, medium chain triglycerides, glucomannan, stevia leaf extract. **Recommended Dose:** Adults: Mix 32 g (approx. 1 scoop) well in 8 oz of water or any other beverage immediately before consumption once per day, or as directed by a health care practitioner. Take a few hours before or after taking other medications or natural health products.

Nutrition Facts / Valeur nutritive	
Serving Size 32 g (1 Scoop) / Portion 32 g (1 mesure)	
Amount	% Daily Value
Teneur	% valeur quotidienne
Calories / Calories 110	
Fat / Lipides 2.5 g	4 %
Carbohydrate / Glucides 10 g	3 %
Dietary Fibre / Fibres Diététiques 6 g	24 %
Protein / Protéines 17 g	