## TOTAL JERK GLAZED HAM



DIFFICULTY:

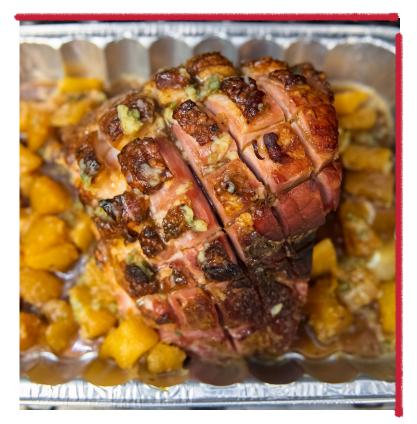


5 MINS

COOK 60 MINS

## **INGREDIENTS:**

- 1 fresh pineapple peeled, scored and diced
- 1 bottle Total Jerk BBQ Sauce
- 1 cup maple syrup
- 1 ham (your choice of size and shape, bone-in optional)



## INSTRUCTIONS

- 1. Preheat oven to 375°F.
- 2. Combine pineapple pieces, Total Jerk BBQ Sauce and maple syrup in a mixing bowl.
- 3. Place ham in a roasting pan or casserole dish and pour mixture over and around it.
- 4. Bake approximately 1 hour or until warmed through with the desired level of caramelization on the ham and pineapple pieces.





