

## EVERYTHING ABOUT ROSEAU

*(pronounced - 'ro-zo')*

### WHAT IS ROSEAU

Pure, distilled rose water made by steam distilling of fresh rose petals.

### INGREDIENTS

Rose petals and pure water.

### PRODUCTION

Once a year for a few short weeks or just a few days, when roses are blooming, the petals are hand-picked early in the morning when the sun is very mild and the roses are full of spring morning freshness of Mediterranean coast.

Petals are placed in a large container and brought up to almost boiling temperature, at which time, steam (vapor) starts condensing the essence for rose fragrance into aromatic water. The rose water cools down and drop by drop collects in another container.

The oil and water that are produced this way are naturally occurring and nothing else is mixing in or added to create this natural hydrolat (another word for flower water).

### BENEFITS

Not only it smells heavenly, it is an incredible natural astringent, toner, pore reducer and skin perfecter.

Vapor distilled rose water has been a staple in the natural beauty regimens all over the world for many centuries, if not thousands of years. Rose water lightly moisturizes and alleviate dryness from dry and aging skin. It is mild, does not sting or irritate skin, balances skin tone, soothes skin and is perfect for any skin type.

When used regularly (daily), Roseau will improve complexion without using of any additional cosmetic products and treatments.

#### **Here is what Roseau does best:**

- Excellent astringent - tightens skin to prevent sagging (slows down skin aging)
- Provides light hydrating effect
- Helps reduce dryness
- Gives skin a more even tone while reducing appearance of fine lines
- Roseau will reduces pore size
- While primarily an astringent, rose water has anti-bacterial and anti-inflammatory properties. It will help reduce acne and redness
- It will help keep your skin clean and balanced.

## HOW TO (TIPS)

One of the best ways to use Roseau is a natural toner and refresher for makeup (makeup setting tonic). After cleansing skin with water or Katari Hoba (oil cleanse) and water, dab rose water all over the skin (face, neck, décolleté, hands) with a cotton ball or cloth. Follow up with a moisturizer (we recommend hypoallergenic and light Hoba (jojoba oil) and at night, Barie for helping skin cell regenerate.

Another way to use Roseau, is to spray it on hair to make it smell amazing and give a little more of hydration and beneficial anti-aging properties.

Rose water is perfect addition to any skin masque, mixed with various other flower waters (for instance, Katari Geran - geranium water) to create a beautiful flower hydrating toner.

## STORAGE & SHELF LIFE

When packaged in glass, vapor distilled high quality rose water like Roseau, should preserve all its qualities and stay amazingly fresh for 2-3 years. We recommend using your bottle of Roseau within 12 months of opening. This way you can get the freshest rose water every time!

Most sources suggest keeping rose water out of direct sunlight and even in the fridge. We agree that normal precautions like keeping it out of hot sun and too much light should be maintained to prolong the life of this wonderful hydrolat. However, our rose water holds up just fine even if left in the bright room in the daylight for many months.

## WARNINGS

Apart of a rare case of intolerance of rose fragrance, there should be no reaction to the rose water. If any reaction occurs, just wash off Roseau with warm water for a few minutes. We have never seen or heard of anyone developing a reaction to rose water, but strange allergies do happen!

Roseau is marketed for external use only, however, it is safe to ingest and we frequently add a few spoons to cookies and coffee. It is condensed from the vapor of purified water and organically grown roses, so there is nothing in Roseau that can be harmful. And yet, again, this Roseau toner is to be used for external applications on skin.

## RECIPES

Dry Skin Masque	Mince $\frac{1}{2}$ of very ripe banana, add $\frac{1}{3}$ oz of heavy cream and 1 oz of Roseau
Oily Skin Masque	Mix 1 tsp of Katari Argil (green clay) with 2 tsps of Roseau, rinse off when skin feels tight
Masque for Hyperpigmentation	Mix 1 tbsp of fresh cottage cheese and 1 tbsp of minced peeled cucumber and 1 oz of Roseau. Mince well and apply to skin
Lifting Masque for Mature Skin	Dry 8-10 almonds in the oven and pulverize them with mortar and pestle or in blender. Add $\frac{1}{2}$ tsp of raw honey and 1 tbsp of Roseau

## RECIPES

Compress for Tired & Puffy Eyes	Add a few drops of Roseau to cotton rounds to sufficiently saturate them and apply over closed eyes (on top of eyelids) for 20 minutes
Compress for Acne-prone, Inflamed Skin	Add Roseau water to 2-4 cheesecloth squares and apply to affected area (can store in the fridge and use as needed)
Experiment and make your own beauty recipes with Roseau!	